

AMERICA'S GREATEST
CHILI
COOKBOOK

OVER

150

TESTED RECIPES

COMPUTERWORKS

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Installation

Windows 95/98

- Place America's Greatest Chili Cookbook CD in the CD-ROM drive.
- The installation program should start automatically. If not follow the steps below.
 1. With the CD still in the CD-ROM drive, click on the **Start** button.
 2. In the Start menu select **Run**.
 3. In the Run line type the following: **D:\Setup** (D being the drive letter for your CD-ROM drive) and click **OK**.
- After the installation starts follow the on screen instructions.
- The program will install to C:\Program Files\Chili Cookbook.

Macintosh

- Place America's Greatest Chili Cookbook CD in the CD-ROM drive.
- Double Click on the CD-ROM icon.
- Double click on the Installation icon.
- Follow the on screen instructions.

Starting the Program

Windows 95/98

To start America's Greatest Chili Cookbook simply click on the **Start** button, then **Programs** and **Chili Cookbook**. Once the title screen appears click on it to start the Chili Cookbook.

Macintosh

Double Click on the Chili Icon found on your hard drive. Once the title screen appears click on it to start the Chili Cookbook.

Tool Bar Options

America's Greatest Chili Cookbook is an easy program to use. When the program first starts you will see the opening page of the cookbook. Across the top of the Cookbook is the **Options Tool Bar**. Using this bar will give you access to every part of the Chili Cookbook. The following options can be accessed from this Tool Bar; **Main, New/Edit Recipe, Shop, Menus, Find, Spell Check, Print, Help** and **Exit**.

MAIN NEW/EDIT RECIPE SHOP MENUS FIND SPELL CHECK PRINT HELP EXIT

Credits & Copyrights

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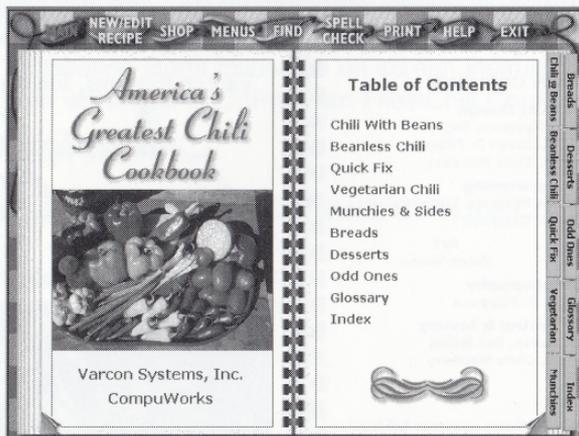
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Main

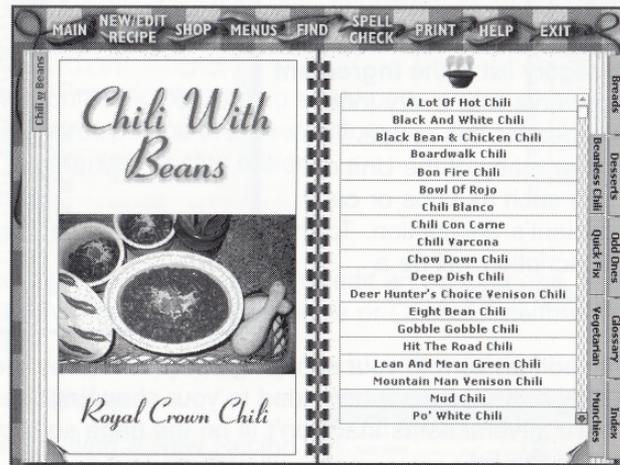
The Main option is the Table of Contents for the Chili Cookbook. From here you can access the different types of recipes found in this program, as well as the Glossary and Index.



To access any of the recipe types listed you can either click on the category listed under the Table of Contents or on the tabs found on the right side of the page. If you wish to access a page at a time just click on the folder corner found at either the bottom left or right corners of the page.

After you selected a recipe type you will now see a list of the recipes found in this category.

The title page will display the selection you made with the Tab now on the left side of the page. On the right page you will now see the list of the recipes found under this type. Click on the arrows to scroll through all the recipes found in each section. To select a recipe, click on the recipe's name and the book will turn to that page.



Recipes

Once the recipe page is shown, you will see the recipe name, ingredient list, directions for cooking and a hints and tips section.

Under the recipe name you will see a break down of categories, used by the Find option of the program. The categories are; **Main Ingredients** (like ground beef), **Type** (such as Midwestern or Texan), **Effort** (for how difficult the recipe is), **Meal** (lunch), **Course** (main or appetizer), **Prep Time**, **Cook Time** and

Original Servings (the number of servings with current ingredient amounts). Just to the right of Original Servings is a category called **Desired Servings**. Click in the box just to the right of Desired Servings and a pop down menu will appear with the number of servings you desire. The recipe will change the amount of ingredients to match the Desired Servings.

Below the category list is the **Ingredient** list. The Ingredients lists every food item you will need for this recipe. The list first tells how many of the Unit of Measure (**U/M**) such as cups or cans and the ingredient's description. To the right of the description will be a shopping cart with a red X in it.

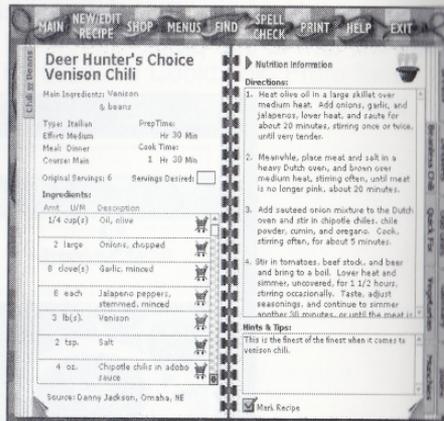
If you need to add an item to your shopping list, just click on the cart to remove the X and that item will be added to your shopping list. Some of the recipes do have several items that won't fit on the page so click on the arrows to scroll through the list.

At the bottom of the page is the source for the recipe.

On the right side of the cookbook are **Directions**, **Nutrition Information**, **Hints and Tips** and the **Mark Recipe** button.

The **Directions** tell you what to cut, what to cook first and so on and so forth.

For the health minded cooks there is the Nutrition Information for the recipe. Just click on the red arrow next to the Nutrition Information at the top of the



page. The directions for the recipe will disappear and the Nutrition Information will appear. This looks just the Nutrition Facts as you would find on any food item you may purchased.

The **Hints and Tips** will help make the best possible dish, telling you if you should use a brand of food item or what works the best with this particular recipe.

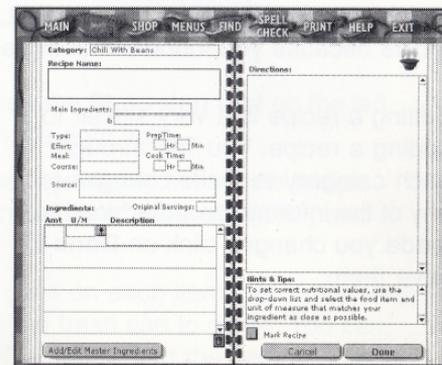
The **Mark Recipe** button is for creating a Menu. If you wish to add the recipe you are viewing to a Menu, click on the Marked Recipe button.

New/Edit Recipe

Select this option to enter a new recipe or edit an existing one. A dialog box will ask if you are Adding or Editing a recipe or Cancel if neither. Click on the appropriate button.

Adding a New Recipe

When you select Adding a New Recipe a blank recipe page will appear with a drop down menu for the first category, such as Chili With Beans. You can then click or Tab to each category to fill in the proper information. As you go to each category you either need to type in the proper information or select the information from a drop down menu. Once you have the categories filled in,



Nutrition Facts	
Servings Per Recipe 24	
Amount Per Serving	
Calories 949	Calories from Fat 105
% Daily Value	
Total Fat 45g	89%
Saturated Fat 15g	27%
Cholesterol 151mg	54%
Sodium 2369mg	124%
Total Carbohydrate 80g	21%
Dietary Fiber 24g	79%
Sugar 80g	
Protein 70g	
Vitamin A 844%	Vitamin C 64%
Calcium 25%	Iron 14%
% Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 90g
Sat Fat	Less than 20g 28g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	Less than 300g 300g
Dietary Fiber	25g 25g

you then need to add the ingredients. First enter the quantity of the ingredient, select the Unit of Measure from the drop down menu, then select the ingredient from it's own drop down menu. If you don't initially find an ingredient's name, be sure check all variations of the item's name. For example, if you want black beans, you would find it under beans, black. If you still can't find the specific ingredient you want, just type it in. After you have entered all the ingredients, click in the directions box to enter the cooking directions and click in the Hints & Tips Box to enter any information. Once you have completed adding your recipe just click on the **Done** button to save it. You can edit the recipe at any time by going to your new recipe and Clicking on the Edit/Add Recipe button.

Note: If you Enter a new ingredient, the Nutritional Information will not be complete and the Nutrition Information page will be blank for that recipe.

Editing a Recipe

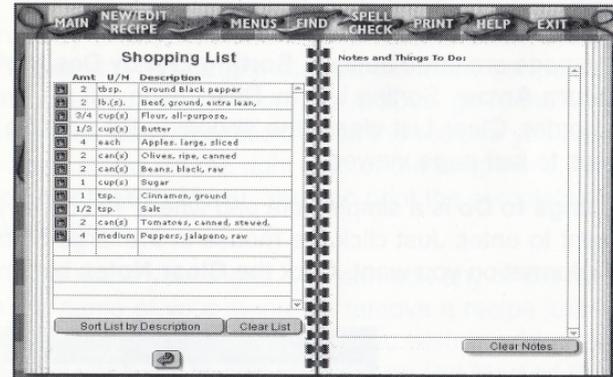
If you selected Edit a Recipe, the recipe you are currently viewing or the last recipe you viewed will be the one that you will edit. You may wish to edit a recipe because you found better ingredients or have a hint to add.

Editing a recipe is a very similar to adding a recipe. You Tab through each category to make changes to any of the information. After you have made you changes click on **Done** to save them.



Shop

The Shop area is for the shopping list of items you need in order to make any of the recipes. As you are going through the recipes, on the right side of the ingredients list are shopping carts with red Xs over them. If you click on the X, it will disappear and the item will now appear in the shopping list.



Once you have clicked on Shop, you will see the **Shopping List** on the left page and **Note and Things** to do page on the right side.

The Shopping List is broken down like the ingredients list on the recipe pages. Each ingredient is listed by Amount, Units of Measure (U/M) and Description.

On the left side of the list are small trash cans on each item line. If you wish to delete an item from the list just click on the trash can to do so. You can change the number of an item, the unit of measure and the item description.

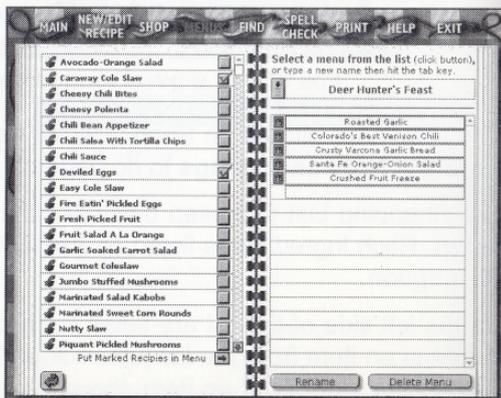
To change an amount number click on the amount number and you will get a flashing cursor. Clear the value and enter the number you want. To change the Unit of Measure (U/M) just click in the square and a drop down menu will appear. Select the unit of measure from the list or select edit to enter you own. The descriptions of items are changed the same way as the amount number. Click on the description and clear the part you don't want and type in the change. When you complete any change, press the Tab key or click in a different area with the mouse to save the change.

At the bottom of the page are three buttons, **Sorting List by Description**, **Clear List** and **Return Arrow**. Sorting List by Description will put the shopping list in alphabetical order, Clear List clears the shopping list and the Return Arrow button returns to last page viewed.

The **Notes and Things to Do** is a simple note pad where you can type in any information you want to enter. Just click the mouse in the large square and start entering the information you want. Click the **Clear Notes** button to clear the notes.

Menus

The Menus section is a great way to plan for any dining occasion. You have several options in choosing a menu. There are several menus already included in the program, each of which include many variations on meals. You can add your own menus to the list. There are two ways to do this.



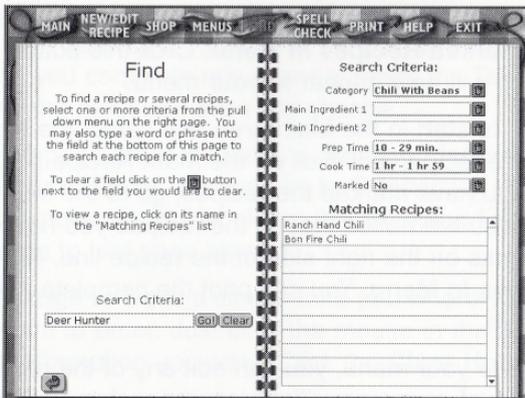
The first way is to go through the list of recipes and mark them by clicking on the Mark Recipe box at the right of the recipe line. Once you have marked the recipes you wanted, you name your menu. Click in the Menu name box on the right page and type in the menu name. Either press Tab or click outside the box to save the name. On the left page, at the bottom of the list of recipes is a button called **Put Marked Recipes in Menu**. Click this button and all the recipes you marked will now appear in your menu.

The second way is to start in the Main area and select the recipes from each category. To select a recipe, just click on the Mark Recipe box on the bottom right page. Once you have marked the recipes, go to the Menu area and name your menu. You will notice that all the recipes you have marked will have red check marks on the right side of the recipe line. Now just click on **Put Marked Recipes in Menu**. You can print the complete menu in the Print area of this program.

Once you have made your menu, you can edit any of the recipes in your menu or change the name of your menu. To remove a recipe just click on the trash can on the left side of the recipe line. If you wish to add a recipe you must mark the recipe you want to add and click on Put Marked Recipe in Menu. It is possible to put the same recipe in the menu twice. If you want to change the name of your menu click on the Change Menu Name button. A new screen will appear with two boxes, one says Old Name and the other says New Name. Click on the New Name box, type in the new name and then click Done.

Find

The Find tool is a quick and easy way to find recipes that contain a certain ingredient or match a particular category.



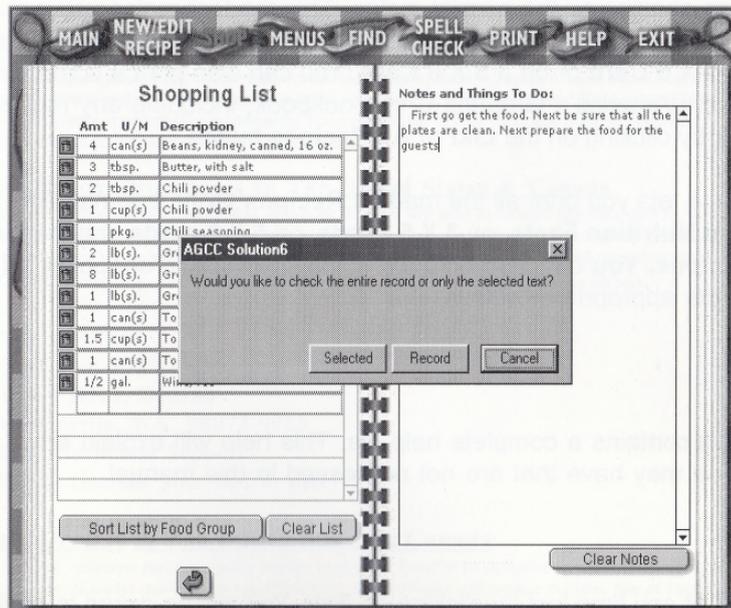
To find a recipe, select one or more of the criteria from the drop down menus on the right page. You may also type in a word or phrase into the field at the bottom of the left page to search each recipe for a match. Once you have selected your search criteria, hit the Go button and it will search the recipes for any matches. If you want a new word or phrase just click Clear.

To clear a field, click on the trash can button next to the field you would like to clear.

To view a recipe, click on its name in the Matching Recipes list on the right page.

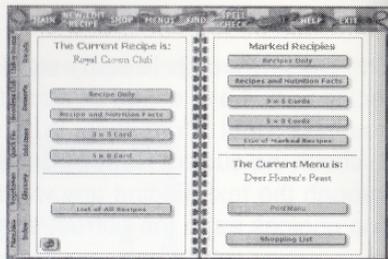
Spell Check

The Spell Check is like any word processor's spell checker. You can use it on recipes you have edited or added, the Shop area, on your notes or any place you have input information. When you start the Spell Check it will prompt you to check the current **Record** or text you have **Selected**. It will then scan through the text, finding any words that don't match its spelling library, giving you choices as to the correct spelling and prompting you to change that word.



Print

From you here you can put all the recipes, menus and shopping lists on paper. Of course, you must have a printer hooked up to your computer.



The left page shows you the current recipe. This the last recipe you were looking at. You can print the **Recipe Only**, the **Recipe and Nutrition Facts**, the recipe on a **3 X 5 Card** or on a **5 X 8 Card**, You can also print a complete recipe list from America's Greatest Chili Cookbook, including any recipes you have added, by clicking on the **List of All Recipes** button.

The right page lets you print all the marked **Recipes Only**, the marked **Recipes and Nutrition Facts**, on **3 X 5 Cards**, on **5 X 8 cards** and the **List of Marked Recipes**. You can also print the current menu and shopping list by clicking on the appropriate buttons.

Help

This program contains a complete help file. This help will explain any questions you may have that are not addressed in this manual.

Exit

You can exit at any time just by clicking on **Exit**. You will be asked to confirm your wish to exit.

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13110 NE 177th Place
Suite # B101, Box180
Woodinville, WA 98072-9965
Attn: Technical Support
RMA#: (include your RMA# here)

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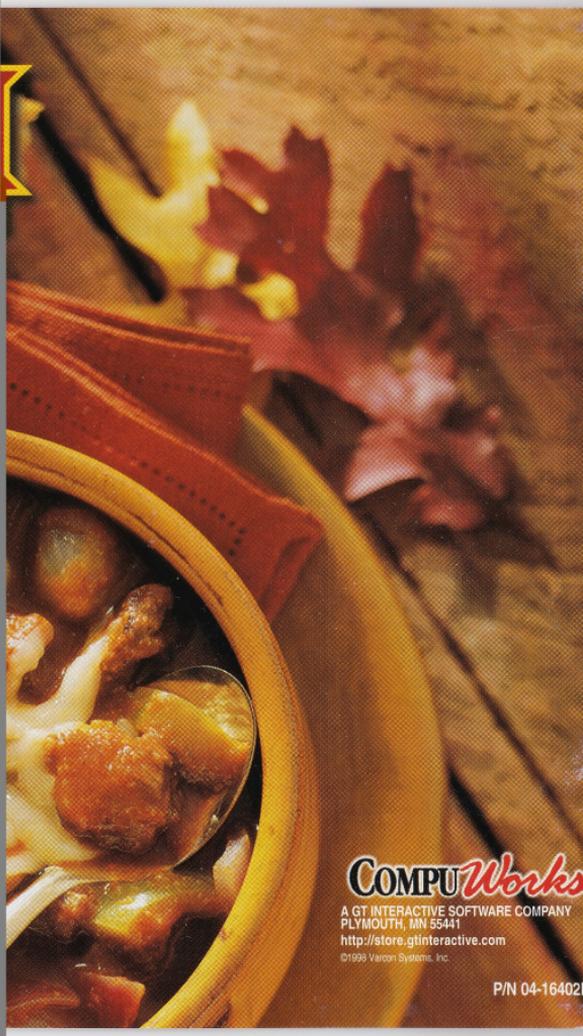
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