Adobe Premiere

Version 6.0 for Mac· OS

QUICK REFERENCE CARD

Control-click objects and in windows to see context menus.

Capturing video Use these shortcuts in the Movie Capture window.

RESULT	ACTION
Play	Spacebar or L
Play slowly	⇧ + L
Play slowly in reverse	⇧ + J
Set clip In point	I
Set clip Out point	O
Record*	G
Record In to Out	⌥ + Record button
Go to capture In point	Q
Go to capture Out point	W
Stop*	S
Pause	Spacebar or K

RESULT	ACTION
Fast forward (when stopped or while playing)	F or L
Step forward 1 frame	▱ or 2
Rewind (when stopped or while playing)	R or J
Step backward 1 frame	▱ or 1
Move through editable fields	Tab
Remove focus from all fields	Esc
Log	Return
Eject	⇧ + E

Available when capturing without device control—all others require device control

Capturing stop-motion video Use these shortcuts in the Stop Motion window.

RESULT	ACTION
Record	Spacebar or G
Capture one to nine frames	Type number from 1 to 9
Capture ten frames	0 (zero)

RESULT	ACTION
Remove most recent frame	Delete
Done	Esc

⌥ Option   ⇧ Shift
▱ Key   ⌘ Command

⌥ Option	⇧ Shift		
☐ Key	⌘ Command		

Opening and editing a clip Use these shortcuts in the Project, Bin, Storyboard, or Timeline windows.

RESULT	ACTION	RESULT	ACTION
Open clip in Trim Mode (available only in the Timeline)	⇧ + double-click clip	Edit original	Select clip and ⌘ + E
Open master clip (available only in the Timeline)	⌘ + ⇧ + double-click clip		

Changing view options Use these shortcuts in the Timeline window only.

RESULT	ACTION	RESULT	ACTION
Specify area to fit in Timeline	Drag the Zoom tool	Cycle through icon sizes	⌘ + [or]
Display entire program in Timeline	\	Cycle through track formats	⌘ + ⇧ + [or]

Moving around Use these shortcuts in the Monitor, Timeline, or Clip windows.

RESULT	ACTION	RESULT	ACTION
Move edit line forward one frame	2 or ☐	Move edit line to first frame	A or ☐ or Home
Move edit line backward one frame	1 or ☐	Move edit line to last frame	S or ☐ or End
Move edit line forward five frames	4 or ⇧ + ☐	Move edit line to next edit point (not applicable to Clip window)	⌘ + ⇧ + ☐ or Page Down
Move edit line backward five frames	3 or ⇧ + ☐	Move edit line to previous edit point (not applicable to Clip window)	⌘ + ⇧ + ☐ or Page Up

Previewing Use these shortcuts in the Monitor , Timeline, or Clip windows.

RESULT	ACTION	RESULT	ACTION
Preview	Return	Stop	Spacebar or K
Play	L or Spacebar or ~ (tilde)	Loop from In point to Out point	⌘ + ⇧ + ~ (tilde)
Play from edit line to Out point*	⌥ + ~ (tilde)	Reverse	J or ⌘ + ⌥ + ~ (tilde)
Play from In point to Out point	⌥ + ⇧ + ~ (tilde)	Scrub without rendering	Drag edit line in the Timeline time ruler
Play faster	Press ~ (tilde) or L more than once as needed	Scrub with transitions, effects, and super-imposing visible	⌥ + drag edit line in the Timeline time ruler
Play from preroll to postroll (amount defined in General preferences)	⌘ + ~ (tilde) or ⌥ + click Play button	Scrub with alpha channel visible only	⌥ + ⇧ + drag edit line in the Timeline time ruler

*Not available if you use the Input Method Editor (IME) to type double-byte characters.

Setting In and Out points Use these shortcuts in the Monitor, Timeline, or Clip windows.

RESULT	ACTION
Set In point at edit line	I, E, or ⌘ + ⌥ + ↑
Set Out point at edit line	O, R, or ⌘ + ⌥ + ↓
Clear In point	D

RESULT	ACTION
Clear Out point	F
Clear both In and Out points	G
Go to Clip In point	⌘ + ↑
Go to Clip Out point	⌘ + ↓
Go to Timeline In point	Q
Go to Timeline Out point	W

Editing Use these shortcuts in the Program view or Timeline.

RESULT	ACTION
Target next track above current video target	⌘ + + (plus)
Target next track below current video target	⌘ + - (minus)
Target next track above current audio target	⌘ + ⇧ + + (plus)
Target next track below current audio target	⌘ + ⇧ + - (minus)
Go to next edit point	⌘ + ⇧ + → or Page Down
Go to previous edit point	⌘ + ⇧ + ← or Page Up
Ripple edit one frame to left of edit line	⌥ + ←

RESULT	ACTION
Ripple edit one frame to right of edit line	⌥ + →
Ripple edit five frames to left of edit line	⌥ + ⇧ + ←
Ripple edit five frames to right of edit line	⌥ + ⇧ + →
Rolling edit one frame to left of edit line*	⌥ + ↑
Rolling edit one frame to right of edit line*	⌥ + ↓
Rolling edit five frames to left of edit line*	⌥ + ⇧ + ↑
Rolling edit five frames to right of edit line*	⌥ + ⇧ + ↓
Match edit line frame with identical frame in master clip	T

Using rolling edit requires extra footage beyond the clip In and Out points.

Editing Use these shortcuts in the Monitor window only.

RESULT	ACTION
Toggle between Source and Program views	Esc
Insert source clip at edit line	, (comma)
Overlay source clip at edit line	. (period)

RESULT	ACTION
Lift the range of frames marked by In and Out points out of the project	/
Delete clip from Source view	View clip; then press ⌘ + Delete
Toggle between Monitor and Timeline windows	Control + Tab

Editing Use these shortcuts in the Timeline window only.

RESULT	ACTION
Cycle through timecode and format	⌘ + click time ruler
Set work area bar to full width of current window view	Double-click work area bar
Set work area bar to continuous sequence of clips	⌥ + click work area bar
Set work area start	⌘ + ⇧ + click work area bar
Set work area start at edit line	⌥ + [
Set work area end	⌘ + ⌥ + click work area bar
Set work area end at edit line	⌥ +]
Edit transition settings	Double-click transition
Edit transition custom settings (if available for the applied transition)	⌥ + double-click transition
Nudge selected clip left one frame	⌥ + , (comma)
Nudge selected clip right one frame	⌥ + . (period)
Nudge selected clip left five frames	⌥ + ⇧ + , (comma)

RESULT	ACTION
Nudge selected clip right five frames	⌥ + ⇧ + . (period)
Slip selected clip left one frame*	⌘ + ⌥ + ⟵
Slip selected clip right one frame*	⌘ + ⌥ + ⟶
Slip selected clip left five frames*	⌘ + ⌥ + ⇧ + ⟵
Slip selected clip right five frames*	⌘ + ⌥ + ⇧ + ⟶
Slide selected clip left one frame*	⌥ + ⟵
Slide selected clip right one frame*	⌥ + ⟶
Slide selected clip left five frames*	⌥ + ⇧ + ⟵
Slide selected clip right five frames*	⌥ + ⇧ + ⟶
Delete selected clip	Delete
Delete selected clip using a ripple deletion	⌥ + Delete
Delete preview file for selected clip	⌘ + Delete
Delete all preview files in the Timeline	⌘ + ⇧ + ⌥ and click on preview indicator

*Using slip and slide requires extra footage beyond the clip In and Out points, as well as clips that are adjacent in time.

Working with markers Use these shortcuts in the Monitor, Timeline, or Clip windows.

RESULT	ACTION
Set numbered clip marker at edit line*	⌘ + ⌥ + (0 - 9)
Set unnumbered clip marker at edit line*	⌘ + ⌥ + =
Go to first clip marker*	⌘ + ⇧ + ⟵
Go to last clip marker*	⌘ + ⇧ + ⟶
Go to previous clip marker*	⌘ + ⟵
Go to next clip marker*	⌘ + ⟶
Go to numbered clip marker*	⌘ + (0 - 9)
Clear a clip marker*	Go to marker; then press ⌘ + ⇧ + C
Clear all clip markers*	⌘ + ⌥ + ⇧ + C

RESULT	ACTION
Set numbered timeline marker at edit line	⌥ + ⇧ + (0 - 9)
Set unnumbered timeline marker at edit line	* (asterisk on numeric keypad) or ⌥ + ⇧ + =
Go to first timeline marker	⌘ + ⇧ + ⟵
Go to last timeline marker	⌘ + ⇧ + ⟶
Go to previous timeline marker	⇧ + Q
Go to next timeline marker	⇧ + W
Go to numbered timeline marker	⇧ + (0 - 9)
Clear a timeline marker	Go to marker; then press ⌘ + ⇧ + G
Clear all timeline markers	⌘ + ⌥ + ⇧ + G

*When you work with clip marker(s), select the clip and then use the shortcut.

Timeline tool toggles When using a certain tool, hold down the following keys to temporarily activate a related tool.

TOOL YOU WANT	WHEN CURRENT TOOL IS	PRESS
Selection	Any tool except Selection tool	⌘
Link/Unlink	Selection tool	⇧ + ⌥ (with a clip selected)
Block move	Block Select	⌘ + ⌥
Block copy	Block Select	⌥
Multitrack Select	Track Select	⌥

TOOL YOU WANT	WHEN CURRENT TOOL IS	PRESS
Multirazor	Razor	⌥
Slide	Slip	⌥
Fade Adjustment tool	Selection	⌘ + ⌥ + ⇧ when over a rubberband
Precise pan or volume	Selection	⇧ + drag pan or volume rubberband
Add default transition at cursor (A/B Editing mode only)	Selection	⌘ + ⌥ + ⇧ + click transition area

Trim mode

RESULT	ACTION
Toggle between Monitor view and Trim view	⌘ + T
Go to next edit point	⌘ + ⇧ + ☐ or Page Down
Go to previous edit point	⌘ + ⇧ + ☐ or Page Up

RESULT	ACTION
Trim left of edit line by one frame	☐
Trim right of edit line by one frame	☐
Trim left of edit line by five frames	⇧ + ☐
Trim right of edit line by five frames	⇧ + ☐

⌥ *Option*   ⇧ *Shift*

☐ *Key*   ⌘ *Command*

Title window

RESULT	ACTION
Increase text size by one point	Select text + ⌘ + ⌥ + ⊡
Decrease text size by one point	Select text + ⌘ + ⌥ + ⊡
Increase text size by five points	Select text + ⌘ + ⌥ + ⇧ + ⊡
Decrease text size by five points	Select text + ⌘ + ⌥ + ⇧ + ⊡
Increase kerning by one unit	⌥ + ⊡
Decrease kerning by one unit	⌥ + ⊡
Increase leading by one unit	⌥ + ⊡
Decrease leading by one unit	⌥ + ⊡
Increase leading by five units	⌥ + ⇧ + ⊡
Decrease leading by five units	⌥ + ⇧ + ⊡
Nudge selected object by one pixel	⊡ , ⊡ , ⊡ , or ⊡

RESULT	ACTION
Nudge selected object by five pixels	⇧ + ⊡ , ⊡ , ⊡ , or ⊡
Set background to black	B
Set background to white	W
Reset color and shadow swatches to default colors	Z
Turn draft mode on or off*	~ (tilde)
Select next object lower in stacking order	, (comma) or <
Select next object higher in stacking order	. (period) or >

Not available if you use the Input Method Editor (IME) to type bouble-byte characters.

Audio Mixer Window

RESULT	ACTION
Reset pan to default or 0 (zero)	⌥ +click pan control
Reset volume to default or 0 (zero)	⌥ +click volume control