

MacJournal



3.1 User Guide

Chronicle Your Life

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Welcome.

MacJournal is for creating, editing, and managing journals on your Macintosh. MacJournal helps you organize your writings, jot down your thoughts, maybe even chronicle your life.

With MacJournal you can:

Create a personal journal or document your daily ideas, write a script or compose a novel, or blog your daily highlights onto your web site or export them to Microsoft® Word, RTF, HTML, or other formats.

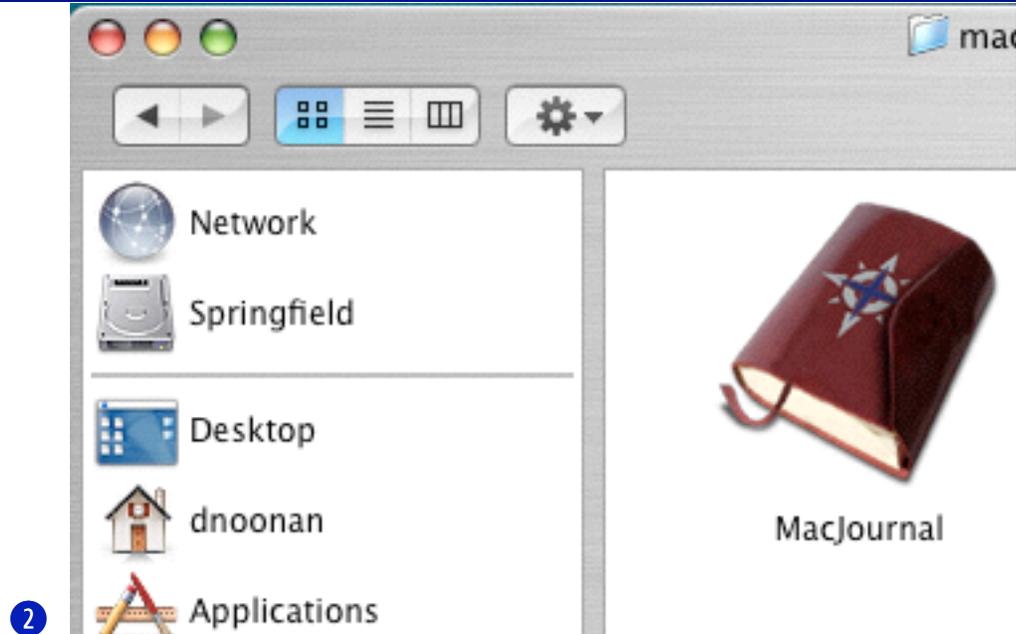
Need security? MacJournal can password protect and encrypt your journals for maximum security by using AES-256 encryption.

MacJournal has the power and functionality to do it all.

Installing & Launching

- 1 Mount the disk image by double-clicking on the Mariner Software.dmg file in the Finder.
- 2 Drag and drop the MacJournal icon onto your Applications folder.

MacJournal is copied onto your hard drive.
- 3 Once the copying finishes, you're ready to start using MacJournal.
- 4 Launch MacJournal by navigating to your applications folder and double-clicking the MacJournal icon.



Hardware and Software Requirements

To use MacJournal you need:

- at least 15 MB (megabytes) of available memory (RAM), at least 4 MB free hard disk space
- Mac OS X 10.2 or above

Technical Support

If you have a question about using MacJournal, try finding the answers you need in this document or in the MacJournal online help. Alternatively, try the FAQ (Frequently Asked Questions) page on our web site.

View it at: <http://www.marinersoftware.com/>.

You may also visit our online forum at: <http://marinersoftware.com/phpBB2/>.

If you still can't find the information you need, contact Mariner Software by phone, fax, or email.

Email: support@marinersoftware.com

Phone: (612) 529-3770; Voice support, 9 a.m. – 6 p.m. Eastern Standard Time

Fax: (612) 529-3775

Mail: Mariner Software, Inc.
401 N. 3rd Street #665
Minneapolis, MN 55401
USA

For updates, tips and tricks, information about other Mariner products, user group discount information, and articles for user group newsletter publication, visit our web site at: <http://www.marinersoftware.com>

Online Help

MacJournal supports the Help Viewer in OSX. MacJournal Help can be found in the Help menu titled *MacJournal Help*.

Notes

Before using MacJournal, you should have a basic knowledge of Mac OS X. You should understand pointing, clicking, double-clicking, dragging, and how to choose menu commands. You should also know how to operate dialog boxes, re-size windows, and use the Clipboard. If you aren't familiar with these or other basic Macintosh operations or terminology, refer to the Macintosh® documentation included with your computer.

Errors

If you find any bugs or errors in the program, please send detailed information to support@marinersoftware.com.

Thanks

Thanks to those who have helped improve this product with suggestions, information or bug reports.

Journals

Journals are the containers for entries or other journals. You can create multiple journals to separate and/or group entries. Entire journals can be password protected and/or encrypted.

In This Chapter:

Creating a Journal

Exporting a Journal

Locking a Journal

Backing Up Your Data

Creating a Journal

1 From the File menu, select New Journal. (*Shift Command N*)

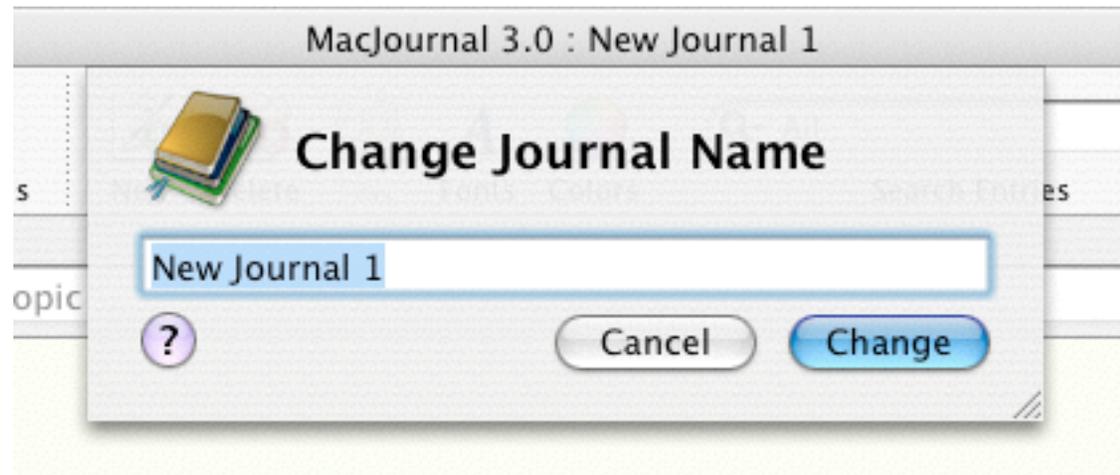
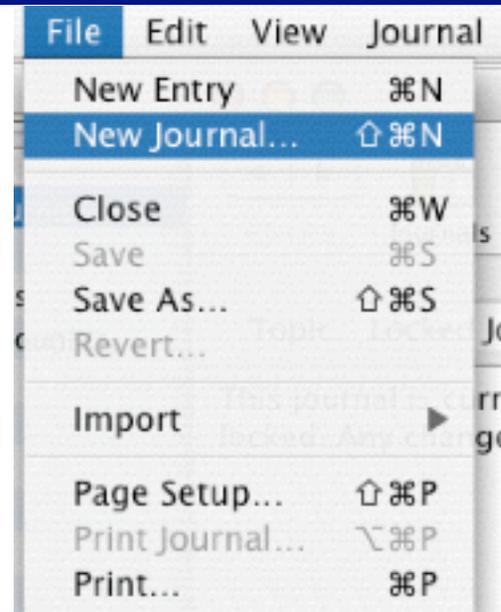
A sheet appears.

2 Type a name for the new journal and then click Change or press **return**.

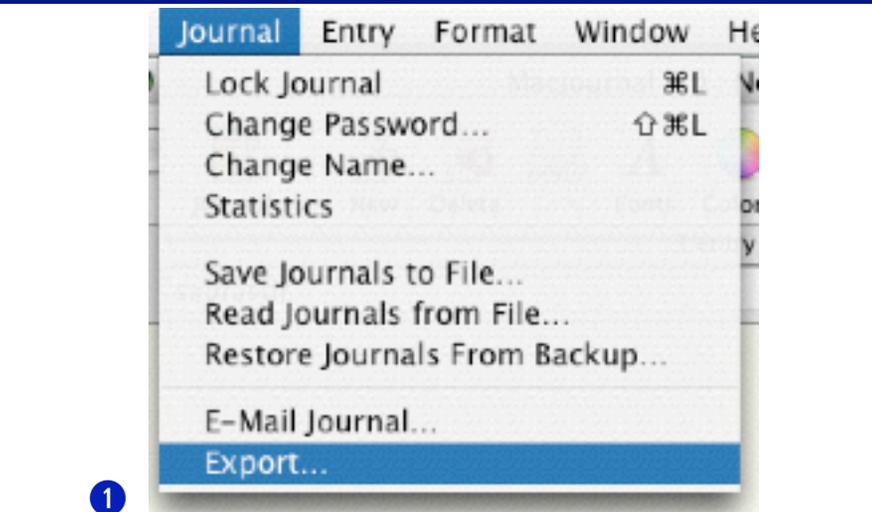
3 The new journal appears in the list within the journal drawer.

Note: a new entry is already created for you.

See Making an Entry for more information.



Exporting a Journal

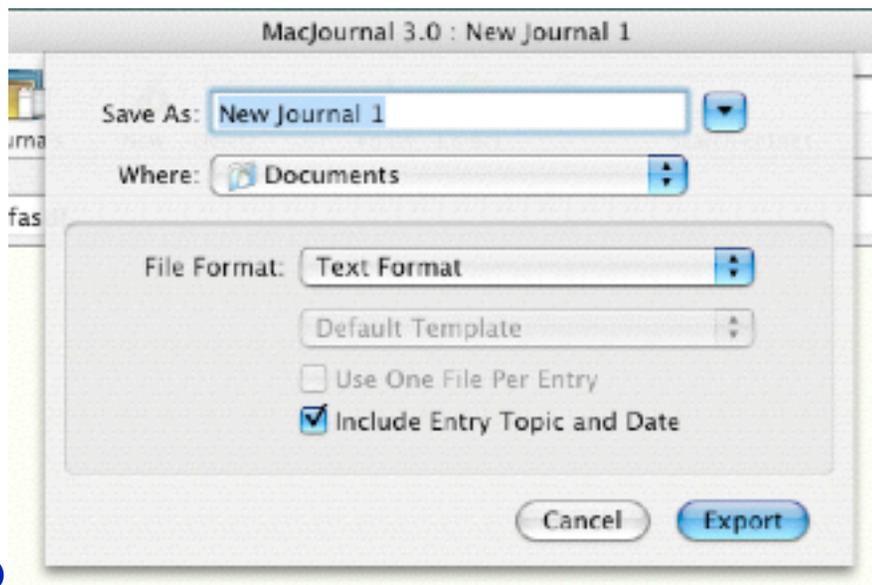


1 From the Journal menu, select Export...

A sheet appears.

2 Type in a name for the file, set where you would like the file to be saved, and select the File Format and any other options.

Note: You can export your journals as Text, Rich Text Format (RTF), Rich text (with attachments), HTML Format, Word Format, or MacJournal Format.



Locking a Journal

1 Click on a Journal's Name to select a Journal in the Journal drawer

2 From the Journal menu, select Lock Journal.

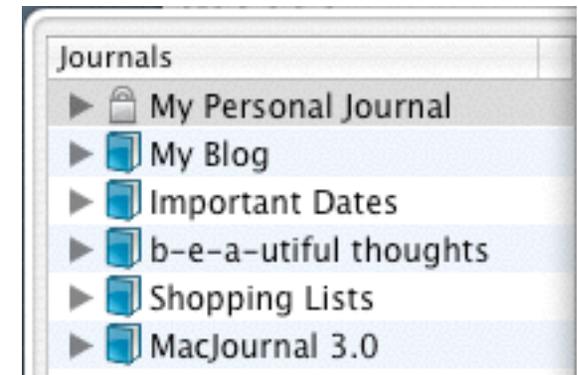
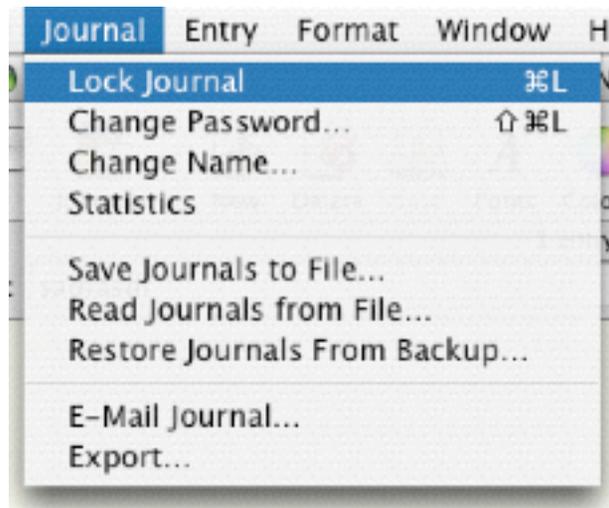
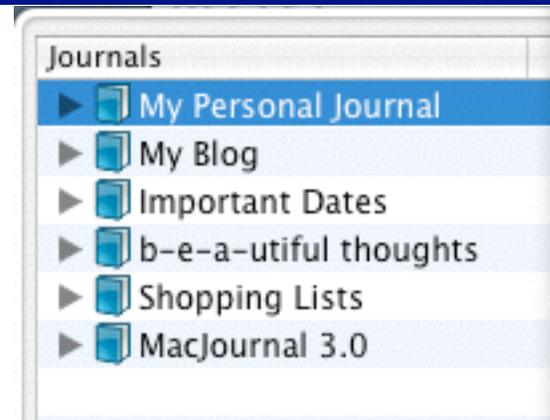
A Sheet Appears

3 Type in a password, confirm the password, and select any options you .

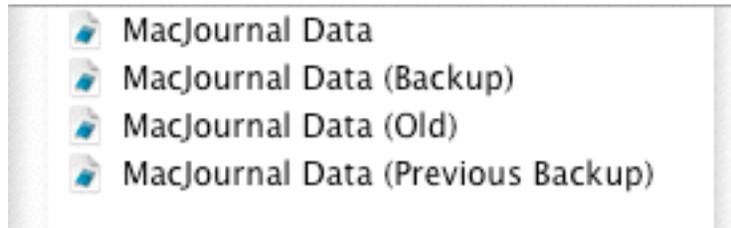
Note: You can type in a Password Hint as well as have the password saved in your Mac OS X Keychain.

4 The icon next to the journal's name changes to a lock.

Note: When you password protect a journal the lock icon is silver. When you encrypt a journal from the Advanced Preferences the lock icon is gold.



Backup Folder



~/Library/Application Support/MacJournal/

Backups occur automatically when you quit.

Backups are stored here:

~/Library/Application Support/MacJournal/

Hint: "~" indicates your user's Home directory.

Hint: MacJournal saves the data file when you quit and then makes a copy of the file as the backup file.

Note: The backup doesn't occur until you quit the application. Saving your file doesn't trigger the backup.

Hint: We suggest you have a backup strategy not only for your MacJournal data but for all the important information on your hard drive.

Entries

Entries are the separate writings within journals. Most often you will use entries to separate different thoughts or idea topics. Another popular format is defining entries by date. You can even create a link from one entry to another or to another file.

MacJournal also gives you additional functionality based around the entries feature. Apply a keyword for easy search capabilities, or move, copy, or blog your entries with the click of mouse. You can import or export specific entries, as well as print them.

In This Chapter:

Creating an Entry

Using the Calendar

Viewing Statistics

Linking to other Entries

Discovering Links

Discovering Wiki Links

Discovering Smileys

Creating an Entry

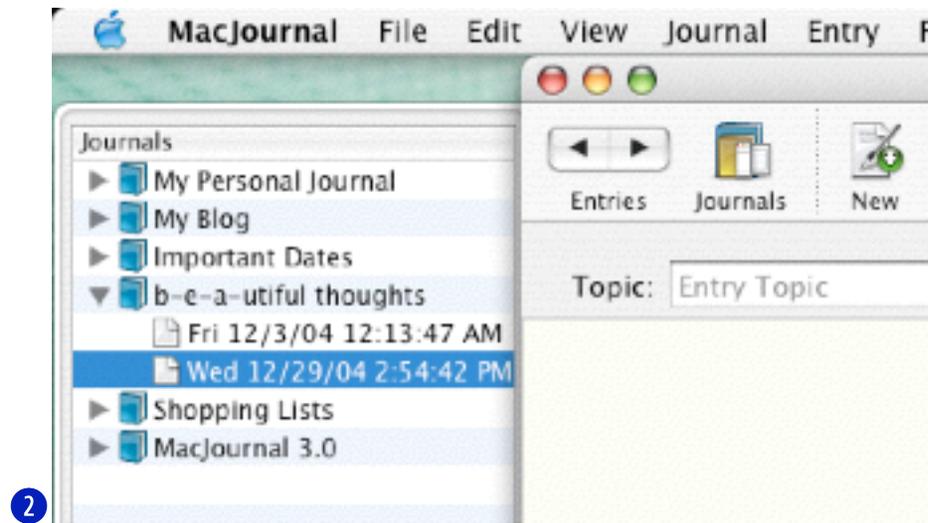
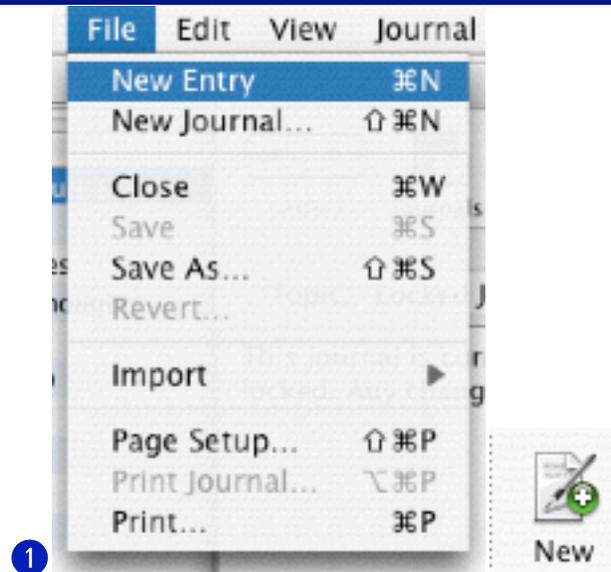
1 From the File menu, select New Entry (Command N) or click the New button in the toolbar.

2 By default an entry is made with a date format.

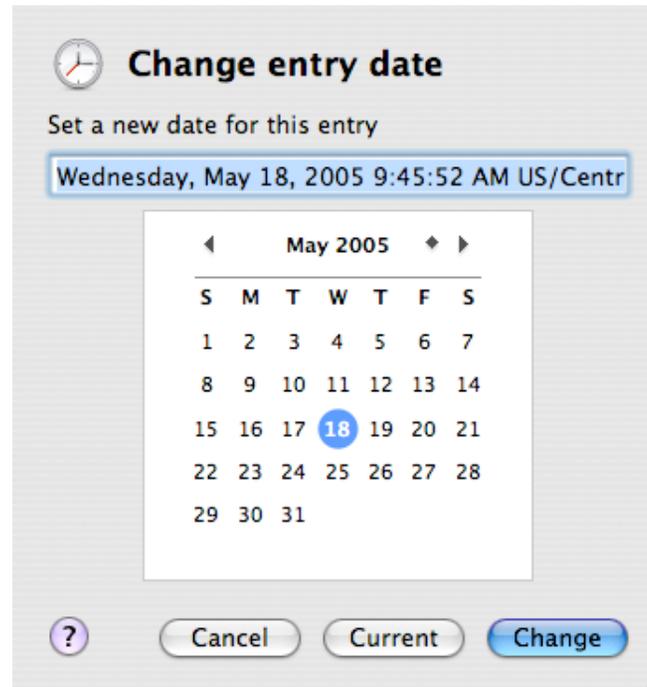
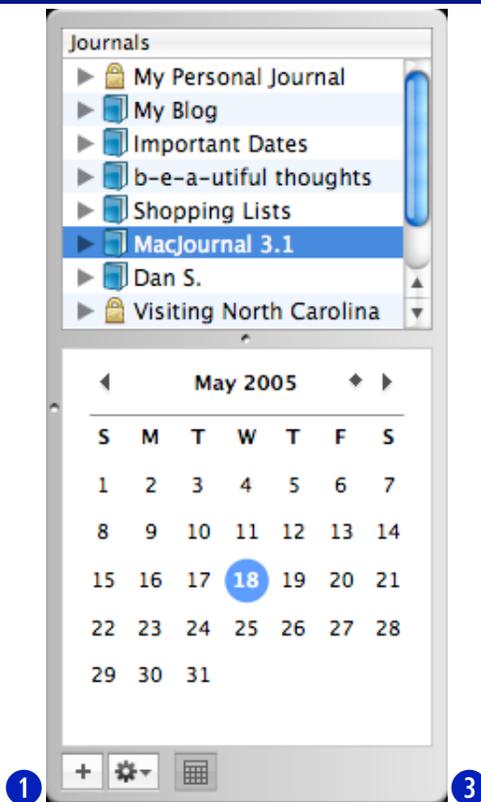
Note: Use the date format or rename the Entry in the Topic field.

3 Start Typing to begin adding text to your entry.

4 When you have completed the applicable entry, save your work (Command S).



Using the Calendar



Create a new entry by clicking on a date in the calendar. Here's how:

1 Choose a Journal from the drawer where you wish to make an entry.

Click on a date in the calendar located in the bottom pane of the journal drawer.

2 Click on a date to make an entry for that date.

3 If you wish to change the entry date, double click on the date in the calendar or Select Entry>Change Date & Time.

A sheet appears.

4 Select a different date from the calendar or edit the date in the text field above.

Using the Calendar Dates

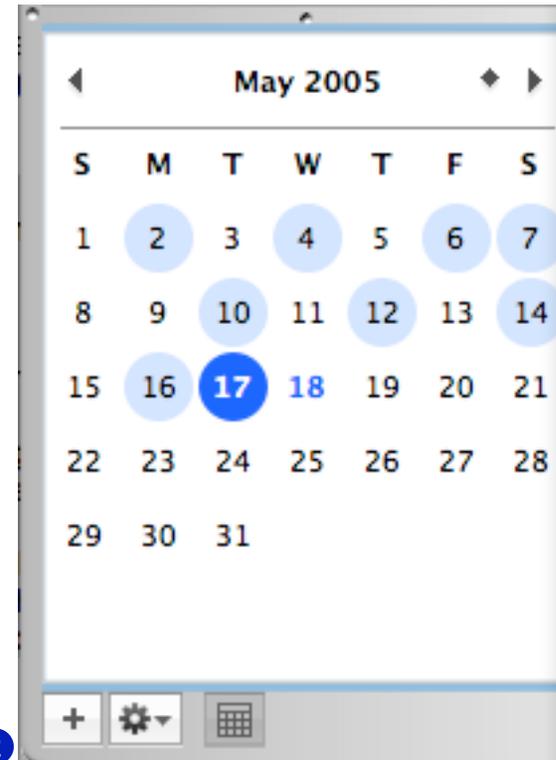
Locate a specific entry by choosing the applicable date in the calendar. Here's how:

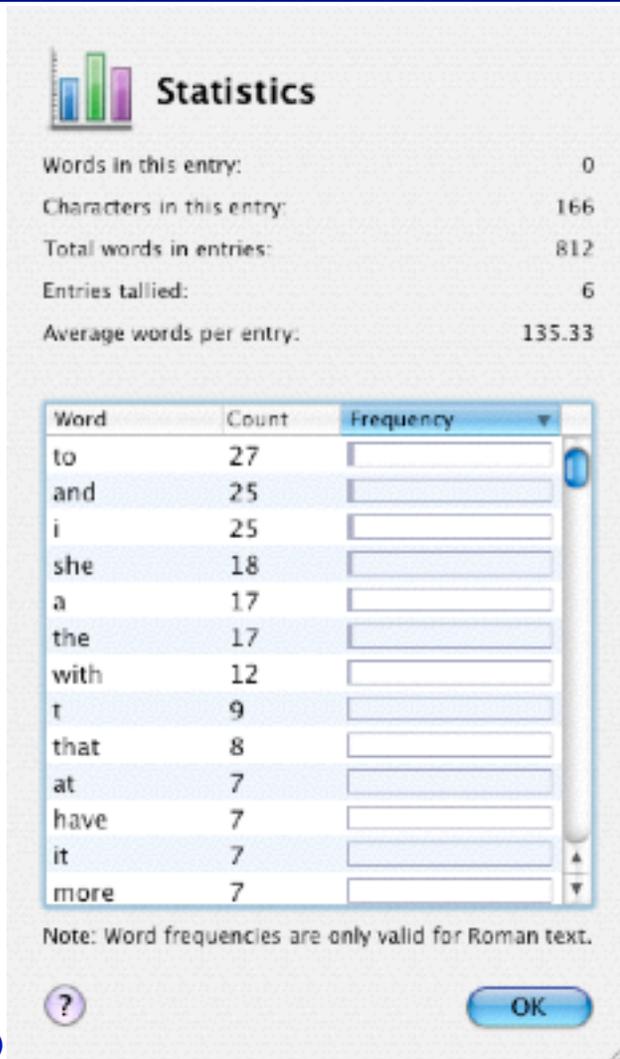
- 1 Choose a journal from the journal drawer.
- 2 Click on a date that is highlighted with a circle to go to the entry for that date.

Note: Dates without highlights contain no entries in the journal you have selected.

Note: The current date is shown in a darker highlight color.

Note: The current selection appears as a darker highlighted circle.





Statistics

Words in this entry: 0
Characters in this entry: 166
Total words in entries: 812
Entries tallied: 6
Average words per entry: 135.33

| Word | Count | Frequency |
|------|-------|----------------------|
| to | 27 | <input type="text"/> |
| and | 25 | <input type="text"/> |
| i | 25 | <input type="text"/> |
| she | 18 | <input type="text"/> |
| a | 17 | <input type="text"/> |
| the | 17 | <input type="text"/> |
| with | 12 | <input type="text"/> |
| t | 9 | <input type="text"/> |
| that | 8 | <input type="text"/> |
| at | 7 | <input type="text"/> |
| have | 7 | <input type="text"/> |
| it | 7 | <input type="text"/> |
| more | 7 | <input type="text"/> |

Note: Word frequencies are only valid for Roman text.

3

1 Select a journal entry from the Journal or Entry Drawer.

2 From the View menu, select Statistics.

3 A sheet appears.

View the following Statistics:

- Words in this entry
- Characters in this entry
- Total words in entries
- Entries tallied
- Average words per entry

4 Click OK when you are finished.

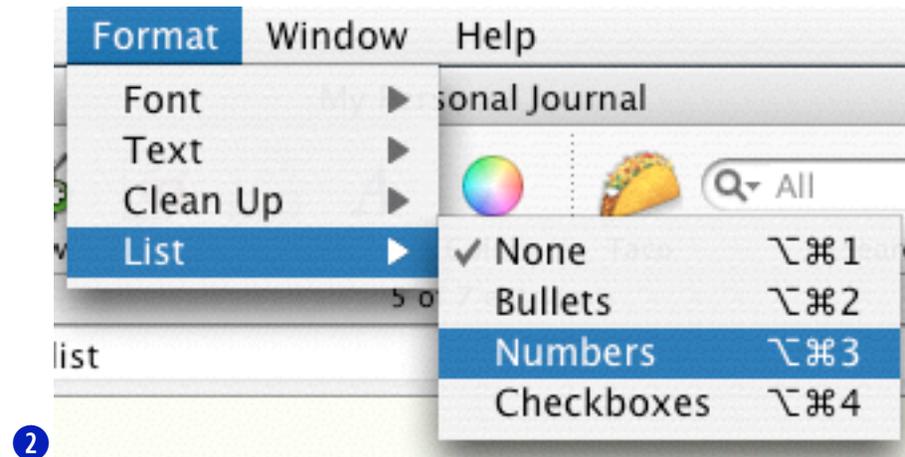
Note: You can also count words in nested journals by selecting the journal rather than an entry.

Creating a Numbered List

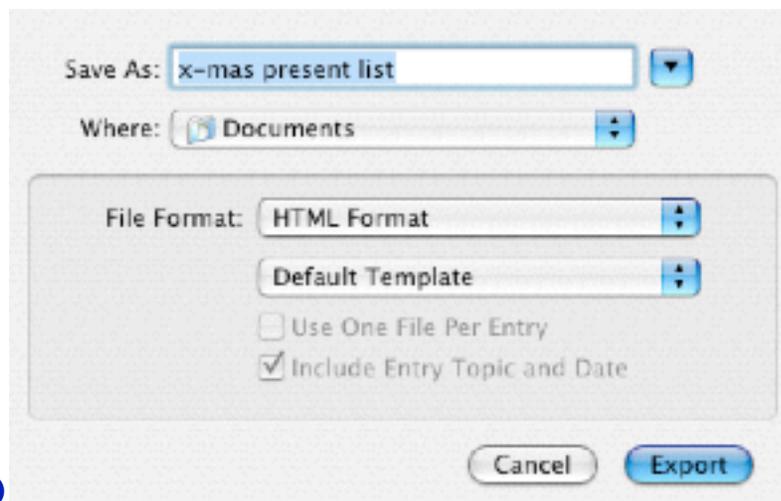
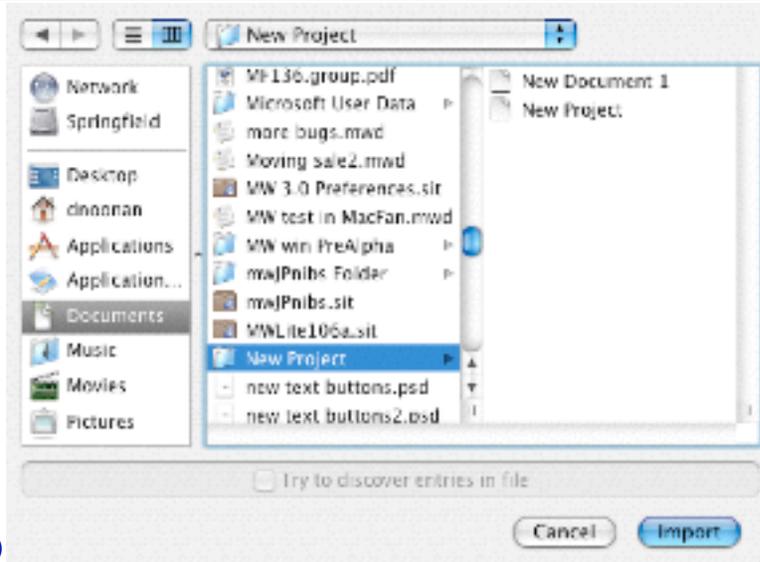
You can make numbered lists within a journal entry, Here's How:

- 1 Place your cursor within a Journal entry in the body.
- 2 Go to the Format menu, select List->Numbers (or press option command 3)
- 3 Press return and your next line should be numbered "1."
- 4 Keep typing as many list items as you need.

Hint: You can put the list selector in your toolbar. Just go to the View menu and select Customize toolbar. Drag the List segmented control up into your toolbar and click Done.



Importing & Exporting an Entry



To import journal entries:.

1 From the File menu, select Import-> Entries.

A sheet appears.

2 Select the file that contains the entries you'd like to import and click Import.

To Export journal Entries:

3 From the Entry menu, Select Export...

A sheet appears.

4 Select the location and click Export.

Linking to Other Entries or Files

1 From the Edit Menu, select Insert Link.

A sheet appears.

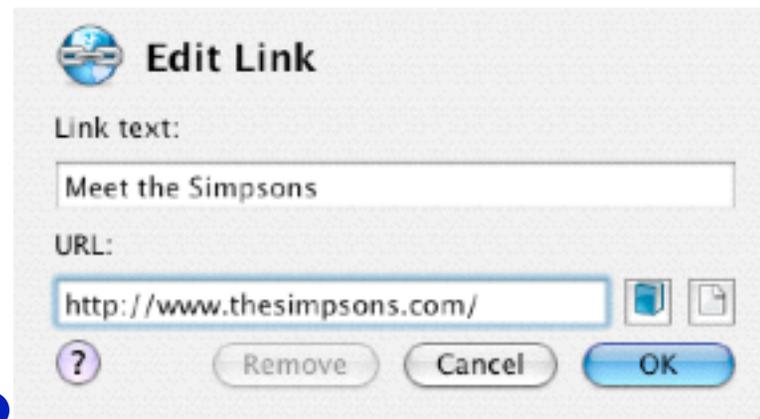
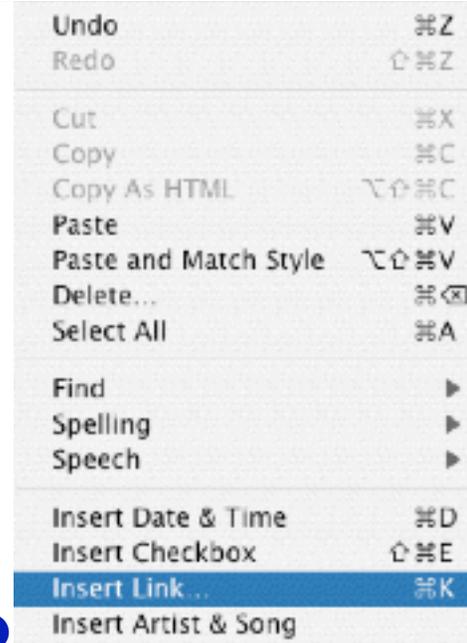
2 Type a name for the link and its URL.

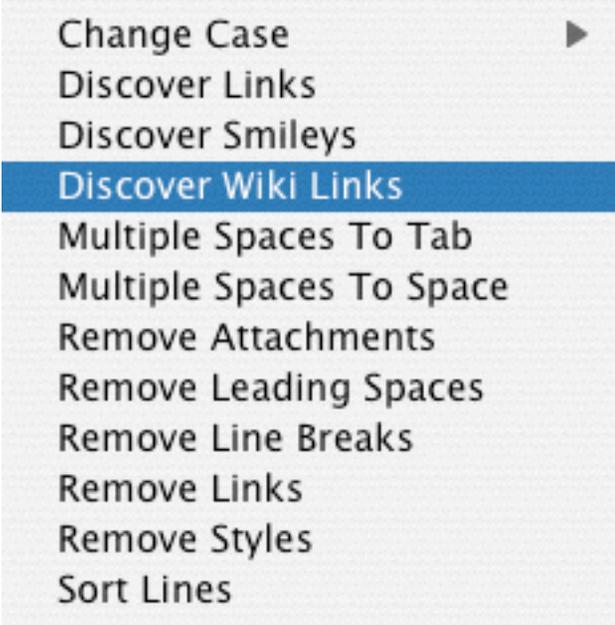
3 Choose to link to a file or journal entry.

There are two buttons: one for linking to an entry and one for linking to a file. Clicking the latter brings up an open panel to select a file on disk and clicking the former brings up a different kind of open panel: it will show you all of your journals and entries. You can select the journal or entry to which you want to link.

Note: These are just assistants; you still just type in the URL manually, or drag an entry from a drawer or a file from disk into the URL field to paste

4 Click OK when you are finished.





Change Case ▶
Discover Links
Discover Smileys
Discover Wiki Links
Multiple Spaces To Tab
Multiple Spaces To Space
Remove Attachments
Remove Leading Spaces
Remove Line Breaks
Remove Links
Remove Styles
Sort Lines

2

MacJournal can automatically discover links, smileys, and/or Wiki Links when you save.

See Chapter 6 Preferences: Editing for more information

Alternatively, you can manually have MacJournal discover the links.

- 1 Select a Journal Entry
- 2 From the Format menu select Clean Up->Discover Wiki Links
- 3 MacJournal will convert any matching text into a link.

Q. What is a wiki-link?

A. Text that looks like "EntryTopic" will link to an entry in the same journal that is titled "Entry Topic" or "EntryTopic" or "Entry, Topic!"

Changing Keywords

1 Select an entry from the Journals drawer.

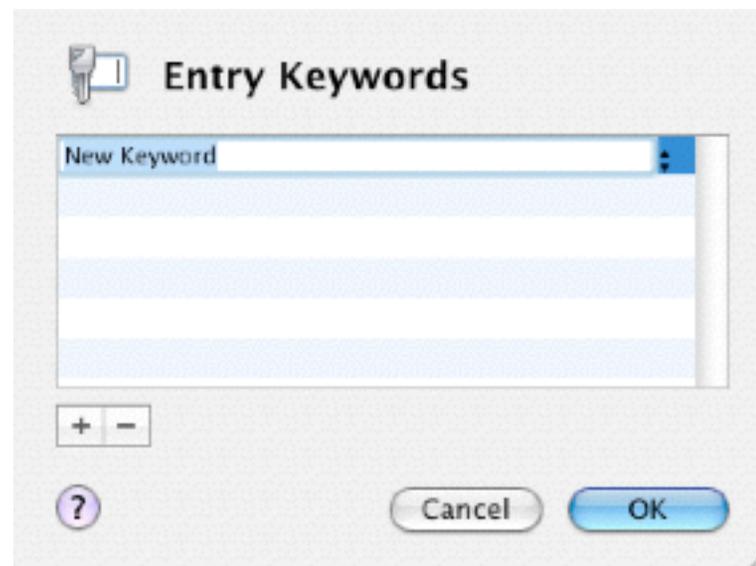
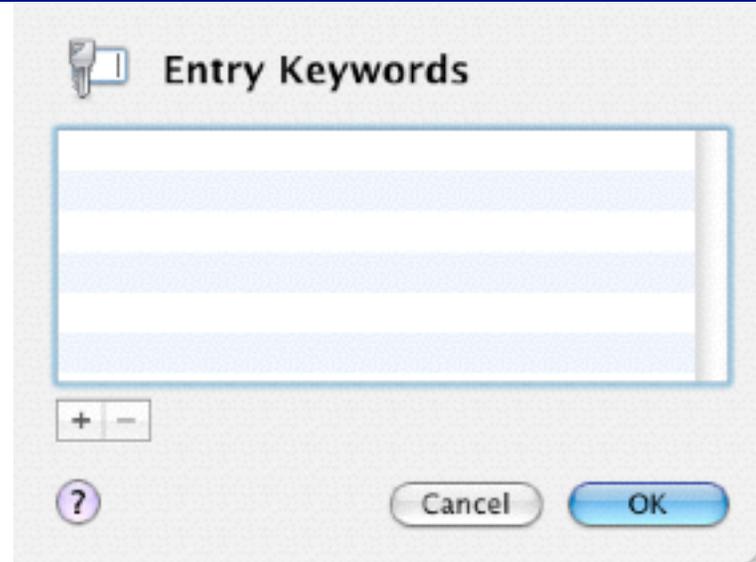
2 From the Entry menu, select Change Keywords.

A sheet appears.

3 Click on the + symbol and add specific keyword(s).

4 Click on the - symbol to remove specific keyword(s).

5 Click OK when you are finished.



In This Chapter:

LiveJournal

Blogger

WordPress

Movable Type

.Mac

ATOM

Blogging is a new form of internet communication. The art of blogging is defined as a personal journal that is posted on a web site, is frequently updated and intended for general public consumption. Blogs generally represent the personality of the author or “blogger” and reflect the purpose of the web site that hosts the blog. Topics range from subtle to extreme and often times include philosophical musings, political commentary, or nearly any other notable topic. The essential characteristics of the blog are its journal form, typically a new entry each day, and its informal style. Many blogs syndicate their content to subscribers using RSS, a popular content distribution tool.

MacJournal allows users to post their individual blogs to popular blog sites like LiveJournal, Blogger, WordPress, Movable Type, and any .mac subscription. More specific instructions can be found in upcoming pages in this chapter.

LiveJournal

- 1 Select Entry->LiveJournal, use the contextual menu in the drawer, or click the LiveJournal toolbar icon.
- 2 Type your user name and password

Note: Once login & password are entered, MacJournal gets a list of moods from the server.

A progress indicator appears.

- 3 Select Options
Save in Keychain holds your login and password.

Enter mood and music for the entry or type a different mood than the ones listed.

Check "use current date" to use the current date instead of the entry date.

Change entry visibility if needed.

- 4 Click Send.

*Note: On success the window closes
Note: On error a dialog appears.*

LiveJournal

Login: hsimpson

Password:

Save in Keychain

Mood:

Music:

Use current date instead of entry date

Availability: Public
 Friends
 Private

? Cancel Send

Blogger

URL:
Tip: Use http://plant.blogger.com/api/RPC2 for Blogger.com

Username:

Password:

Save in Keychain

Blog ID:

Content:

Publish Immediately

1 Select Entry->Blogger, use the contextual menu in the drawer, or click the Blogger toolbar icon.

2 Set the URL to:
[<http://plant.blogger.com/api/RPC2>](http://plant.blogger.com/api/RPC2)

3 Type your user name & password

Note: After user name & password are entered MacJournal gets a list of Blog IDs. If the Blog ID field is blank, the first ID in the list will be filled in.

Note: The number at the start of the ID is used by Blogger.com to route the entry to the right blog.

Other blogs can be selected in the ID list.

4 Select Options

Save in Keychain holds your login and password.

You can edit the content in the text view. Deselecting the "Publish" button saves it as a draft on the server.

5 Click

WordPress

- 1 Select Entry->Blogger, use the contextual menu in the drawer, or click the Blogger toolbar icon.
- 2 Enter the URL of your site and add "**xmlrpc.php**" at the end.
- 3 Select Options (See the Blogger Pane for more info).
- 4 Be sure to leave the Blog ID field blank.
- 5 Click Send

Blogger

URL:
Tip: Use http://plant.blogger.com/api/RPC2 for Blogger.com

Username:

Password:

Save in Keychain

Blog ID:

Content:

Publish Immediately

? Cancel Send

2

Blogger

URL:

Tip: Use http://plant.blogger.com/api/RPC2 for Blogger.com

Username:

Password:

Save in Keychain

Blog ID:

Content:

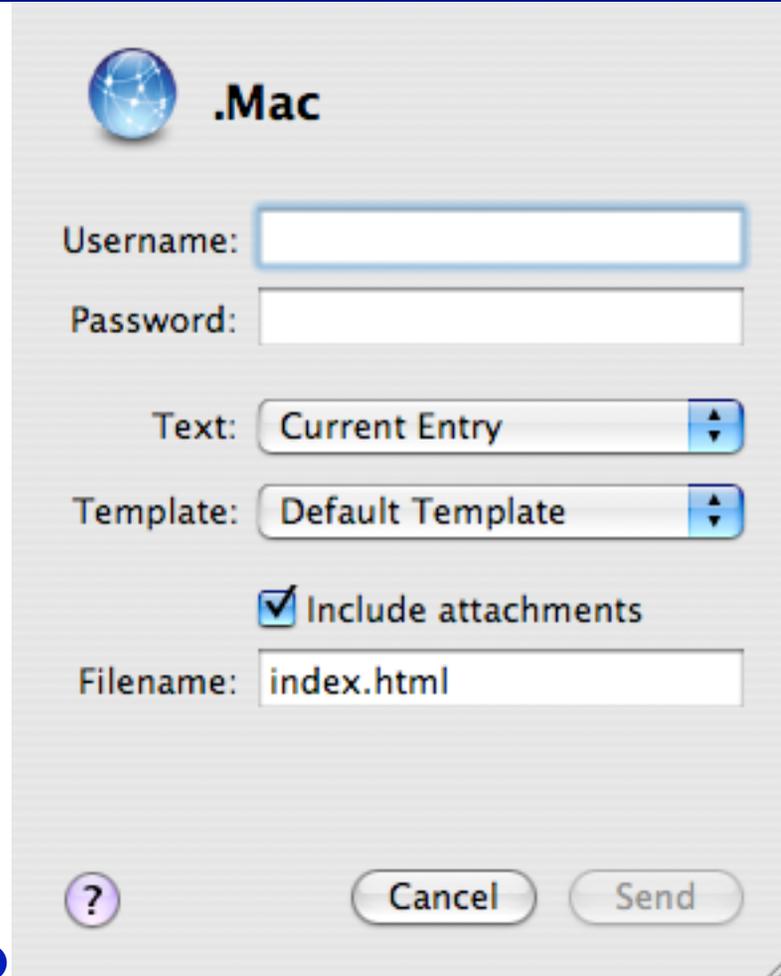
Publish Immediately

2

- 1 Select Entry->Blogger, use the contextual menu in the drawer, or click the Blogger toolbar icon.
- 2 Enter the URL that you would use for other XML-RPC connections.
- 3 Select Options (See the Blogger Pane for more info).
- 4 Be sure to leave the Blog ID field blank.
- 5 Click Send.

.Mac

- 1 Select Entry->Share>.Mac , use the contextual menu in the drawer, or click the .Mac toolbar icon.
- 2 By default, your .mac account name and password are automatically entered in the Username and Password fields.
- 3 In the text field, choose what you want to publish: the current entry or the current journal.
- 4 In the template field, choose default template if you are publishing non-html text. Choose html if you are publishing html code.
- 5 Check the Include attachments box if you are attaching a file to publish to your.mac account.
- 6 Enter a filename for the published file.
- 7 Click the send button
A progress bar shows you when the transmission is completed.



In the future, MacJournal will use the Atom protocol (once it is finalized). This will allow for a greater range of features and should allow you to send blogs to any ol' arbitrary website. Atom is supposedly the blogging protocol-to-end-all-other-protocols and all of the major sites have committed to supporting it (some sites like Blogger already have support).

This means that there will be just one Share -> Atom sheet, instead of a Blogger and LiveJournal sheet, that is powerful enough to send to any server.

In This Chapter:

Setting a Background

Using Full Screen Mode

Using the Taco

Spice up your Journals with a swanky custom background image. Make a presentation using MacJournal. Consult the mighty Taco for inspiration. These are some features we just couldn't leave out of the manual. You've read this far so you must be the inquisitive type—read on friend.

Setting a Background Picture

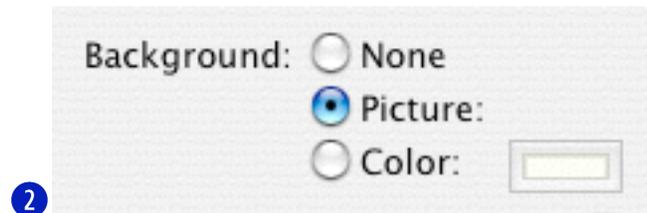
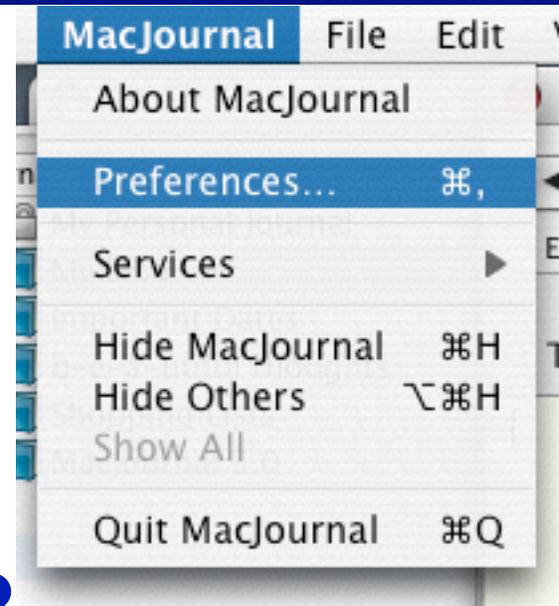
1 From the MacJournal menu, Select Preferences.

The Preferences window appears.

2 .Under Editing see the background options. You can either set the background to None, Picture, or Color. Select the Picture radio button.

A sheet appears.

3 Select the picture file from your hard drive that you wish to use for the background of ALL your entries and click Open.



Entries

1. [Apple event at CompUSA](#)
2. [I won 70 iTunes downloads!](#)
3. x-mas present list
4. [New Year's Resolutions](#)
5. [Conversation with Melinda](#)
6. [what a bad day](#)
7. [New Entry](#)

2

Example of a Journal in Full Screen Mode

1. pots and pans
2. silverware
3. dvd player
4. home entertainment surround sound
5. digital camera
6. web cam
7. lingerie
8. jewelry - ring, pendant, earrings
9. Scuba lessons
10. singing lessons
11. piano lessons
12. a new G5 iMac computer

Example of an Entry in Full Screen Mode

1 Select a journal or an entry from the Journals drawer.

2 Either Press F8 or go to the View menu and select Full Screen

The Screen changes to Full Screen Mode, allowing you to focus on the text

Hint: You can use Full Screen Mode to make presentations or give a lecture.

Hint: You can set the style and colors used in Full Screen mode by going to Preferences and Selecting Full Screen.

Using the Taco

1 To use the Taco for inspiration, you'll need to have the taco icon in your Toolbar. It's not there by default so you'll need to add it by going to the view menu and selecting Customize toolbar.

The customize toolbar dialog appears.

2 Find the icon of the Taco and drag it up into your toolbar.

3 Click Done

4 Now click on the Taco whenever you are in need of some writing inspiration.

*Hint: Try holding down the **option** key for a different variant of inspiration.*

5 Click Fantastic and get back to work.



3



The Taco Says...

"Don't let Krusty's death get you down, boy. People die all the time. Just like that. Why, you could wake up dead tomorrow. Well, good night."

Homer Simpson

Fantastic

In This Chapter:

Editing Prefs

Warning Prefs

Drawers Prefs

HTML Prefs

Full Screen Prefs

Advanced Prefs

Resetting the Prefs

Setting the various Preferences in MacJournal

The Preferences panel allow you to customize and control many facets of MacJournal. The Editing Prefs window allows you to set the background of your entry, opacity of the window, ruler dimensions, auto-save settings and format, spell-checking, and editing entry template capabilities. The Warning Prefs window allows you to select warning functionality. The Drawers Prefs window designates the location of Open Journal Drawers and Open Entry Drawers. The HTML Prefs give you the ability to set the template for exporting your journals or entries into HTML. The Full Screen Prefs allows you work in full screen mode on your Macintosh. The Advanced Prefs window is designated for advanced users. Backing up data, exporting HTML, and blogging features are just a few of the controls you have. Resetting the Prefs window will revert every preference back to its default value.

Editing Prefs

1 Select MacJournal->Preferences.

The Preferences window appears.

2 Select Editing.

You can set several options here:

The Background

Window Opacity

Ruler Units

Auto-save interval

Spell checking as you type

Smart quotes

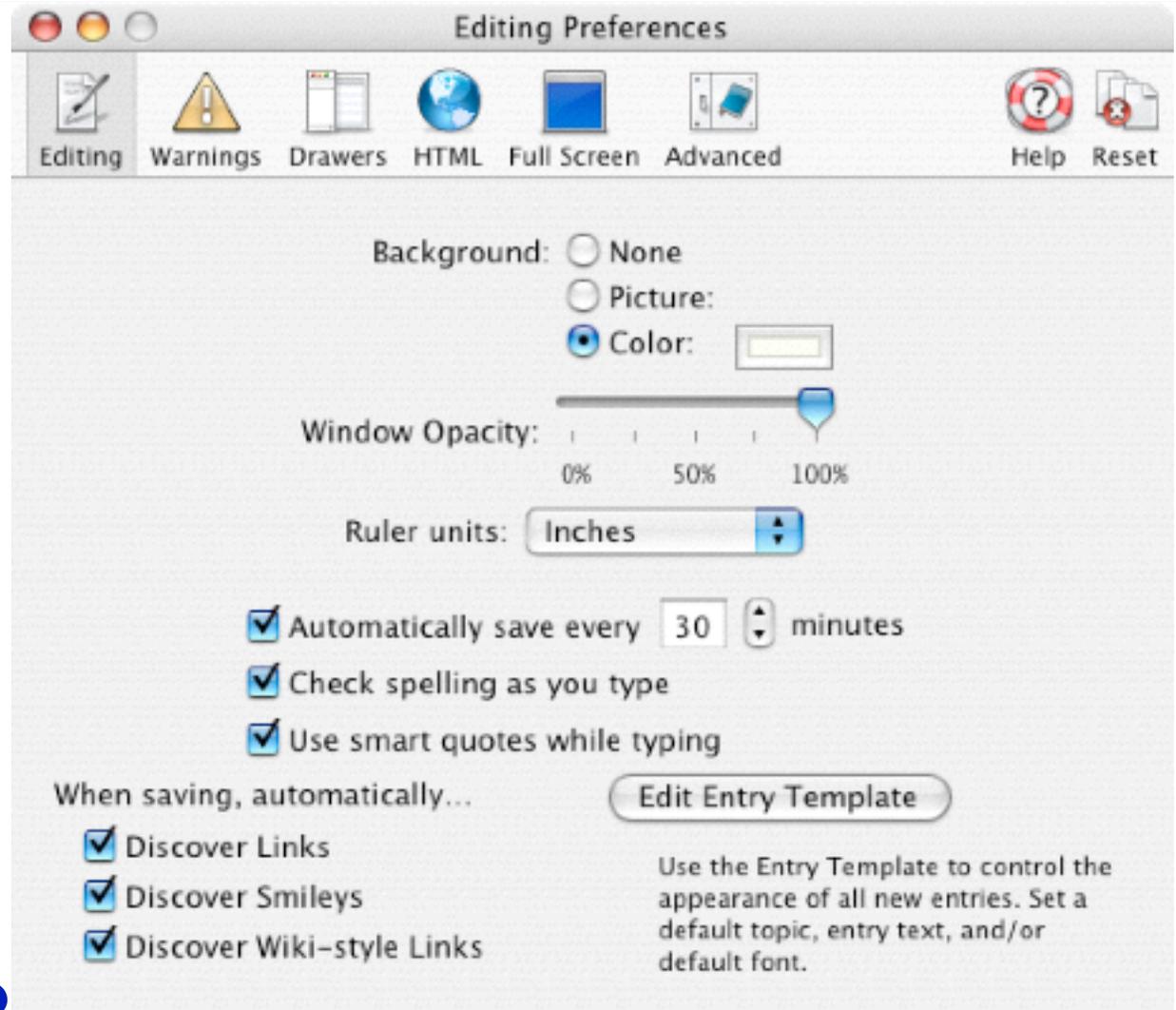
Auto-discovery on save of:

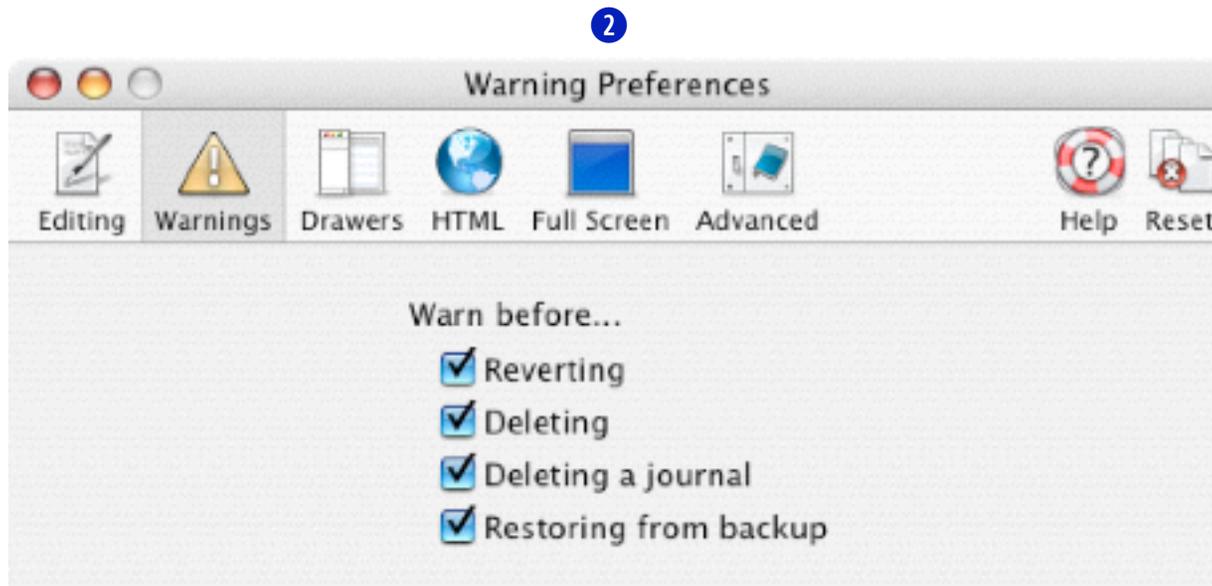
HTML Links

Smileys

Wiki-style Links

Set an Entry Template for new Entries





1 Select MacJournal->Preferences.

The Preferences window appears.

2 Select Warnings.

Decide when you'd like to be warned about possible data-loss situations.

Warn yourself before:

- Reverting to an older database
- Deleting an entry
- Deleting a journal
- Restoring from backup

For more information on backups see Backing Up Your Data in Chapter 2: Journals

Drawers Prefs

1 Select MacJournal->Preferences.
Select Drawers.

You can set options for the Journals Drawer and the Entries Drawer.

Note: By default the Entries Drawer is not enabled.

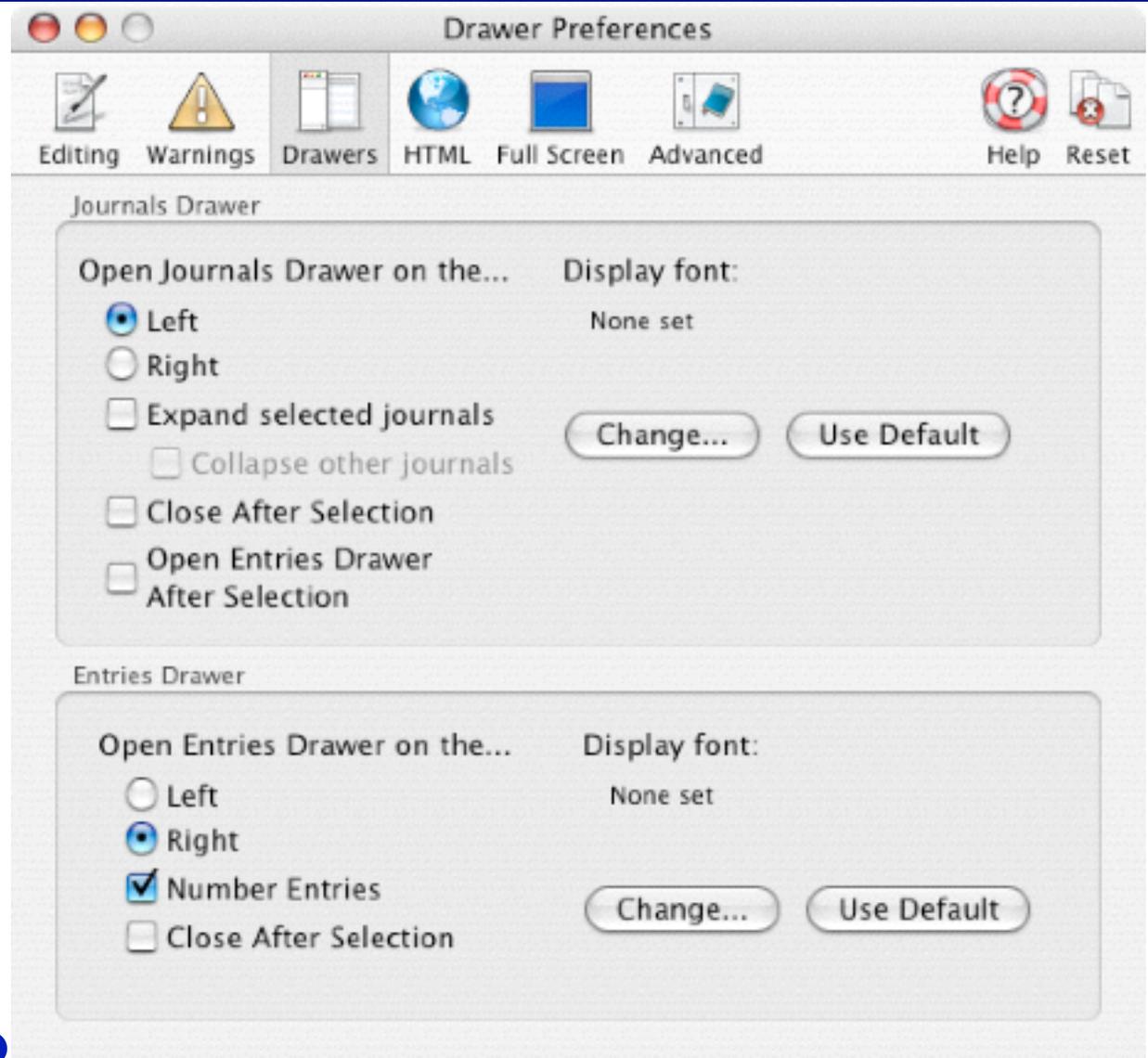
Set which side of the window you'd like the Journal Drawer to open.

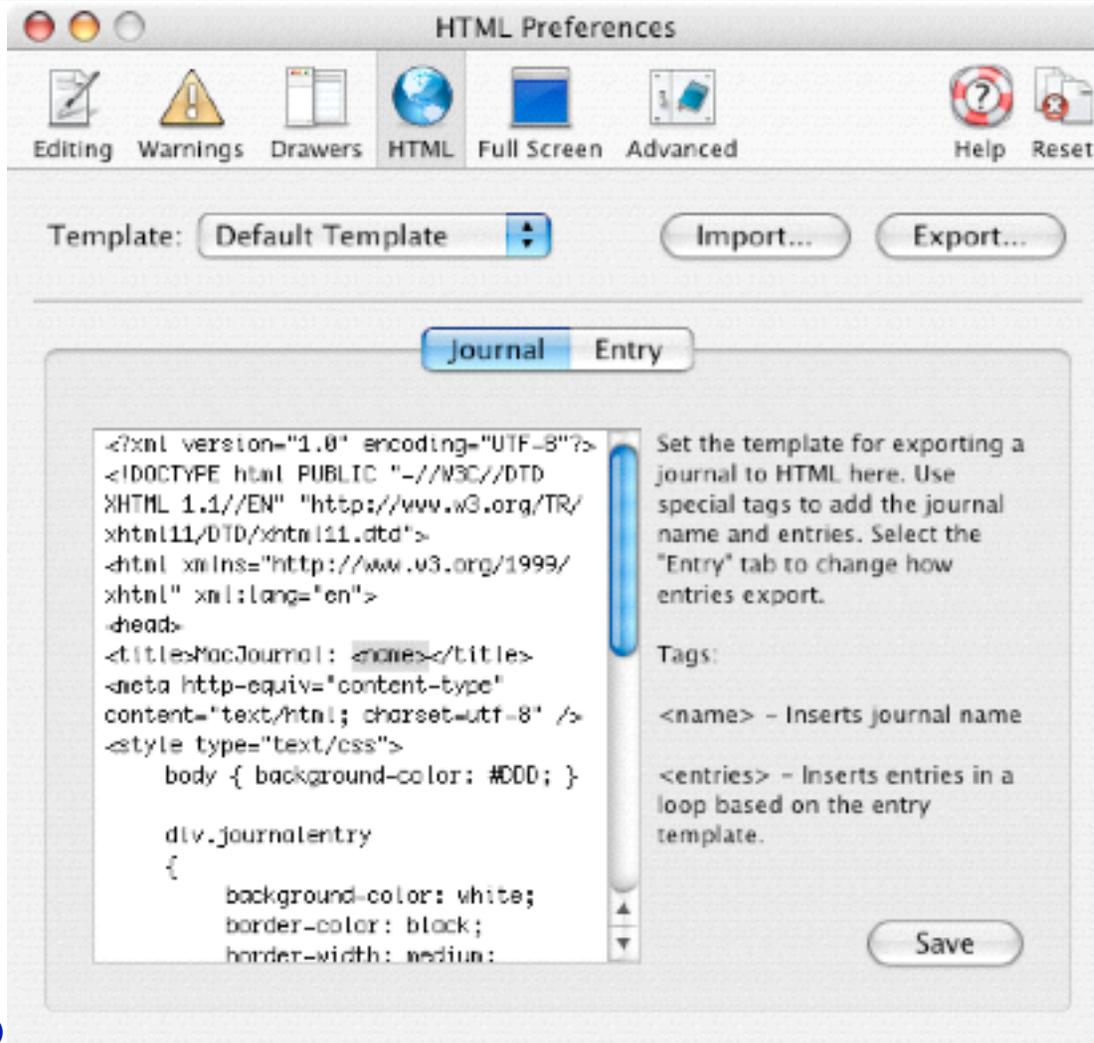
Journal Drawer:

- Expand selected journals
- Collapse other journals
- Close after selection
- Open the Entries Drawer
- Set the display font.

Entries Drawer

- Set which side of the window you'd like the Entries Drawer to open.
- Display entry numbers
- Close after selection
- Set the display font





1 Select MacJournal->Preferences.

The preferences appear.

2 Select HTML.

Here you can set the template for exporting your journals or Entries into HTML.

For more information on using HTML (Hyper Text Markup Language) please consult an HTML reference book or online source.

2

Full Screen Prefs

1 Select MacJournal->Preferences.

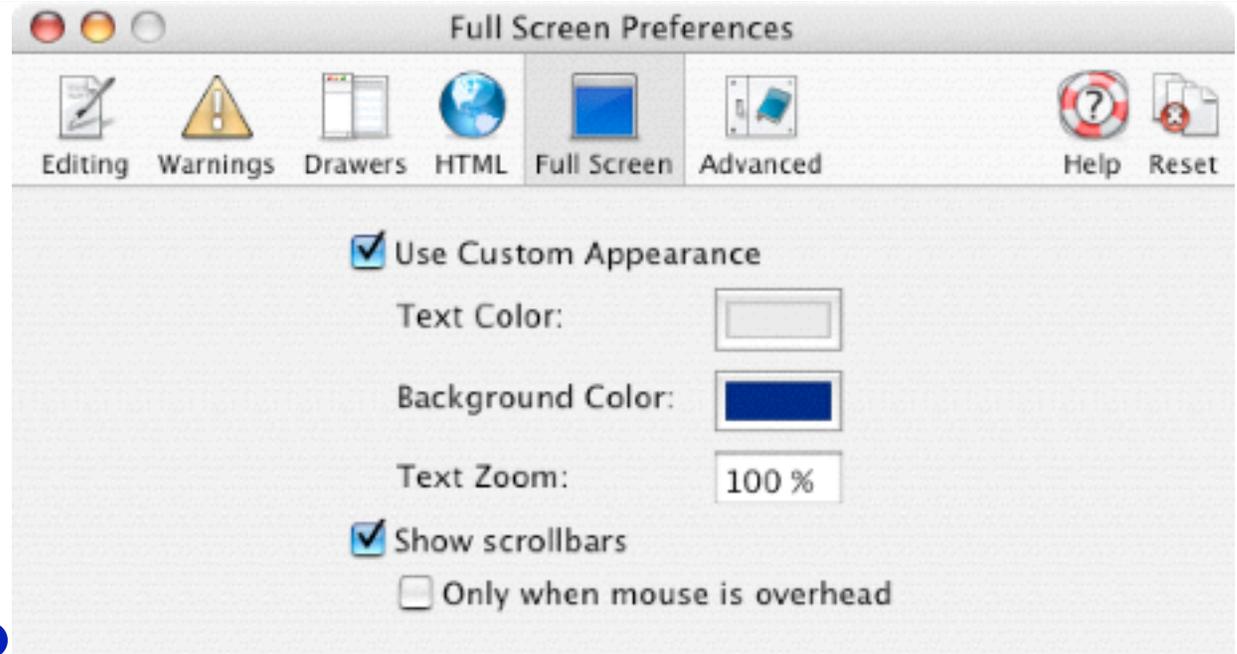
The preferences appear.

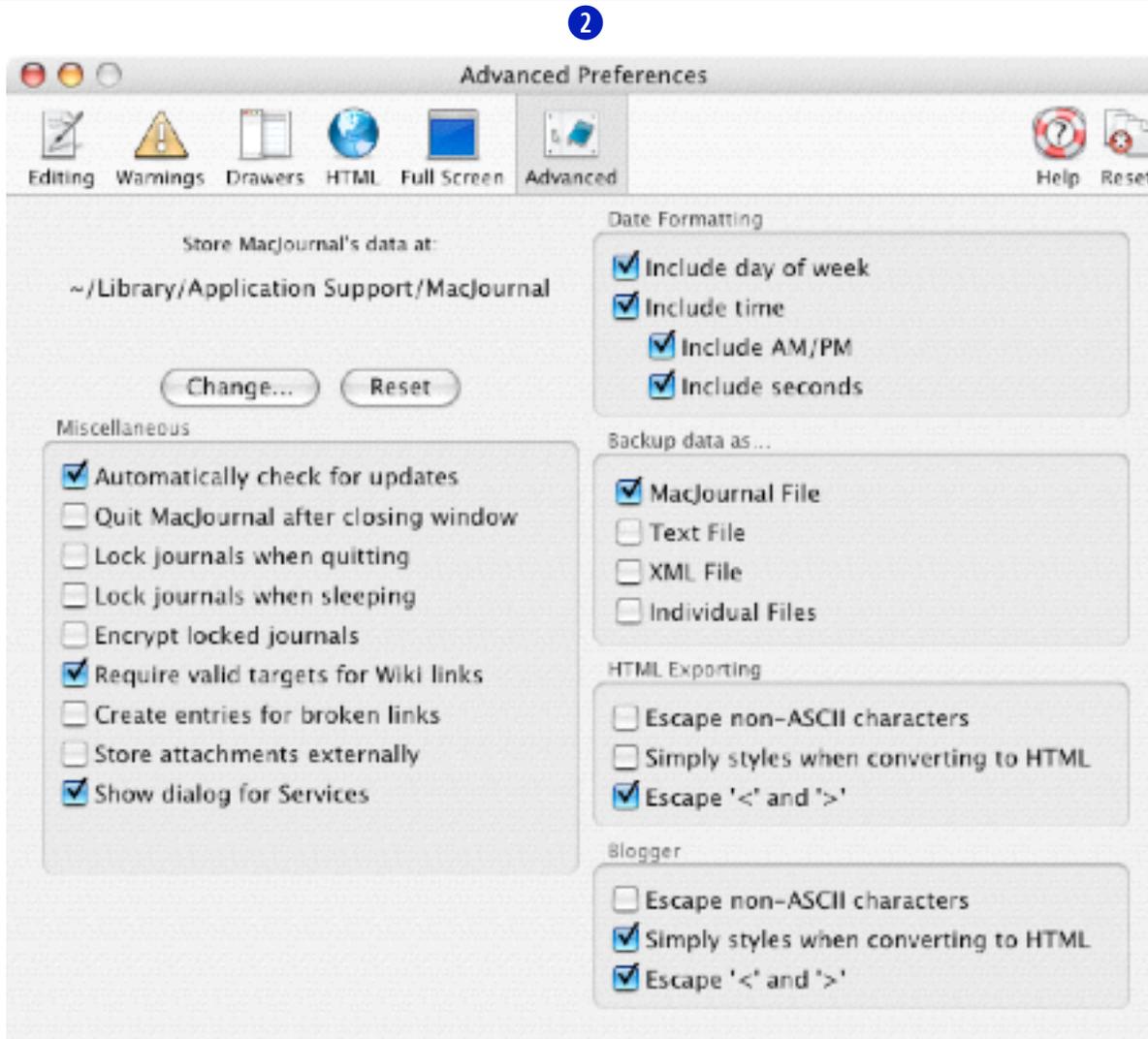
2 Select Full Screen.

Instead of using the default appearance, you can set how you want Full Screen mode to look.

Set the following options:

- Text Color
-
- Background Color
-
- Text Zoom
-
- Show Scrollbars
-
- Show Scrollbars on Mouse-over.





1 Select MacJournal->Preferences.

The preferences appear.

2 Select Advanced.

In Miscellaneous you can:

- Set the location of the data store (*~/Library/Application Support/MacJournal is the default*).
- Auto-check for updates
- Quit MacJournal after closing window
- Lock journals when quitting
- Lock journals when selecting
- Lock journals when sleeping
- Encrypt locked journals
- Require valid targets for Wiki links
- Store attachments externally (*reduces the database file size and speeds up opening*)
- Show dialog for Services
- Choose the Date format you prefer.
display:
day of week, time, AM/PM, and/or seconds.

Advanced Prefs

1 Select MacJournal->Preferences.

The preferences appear.

2 Select Advanced.

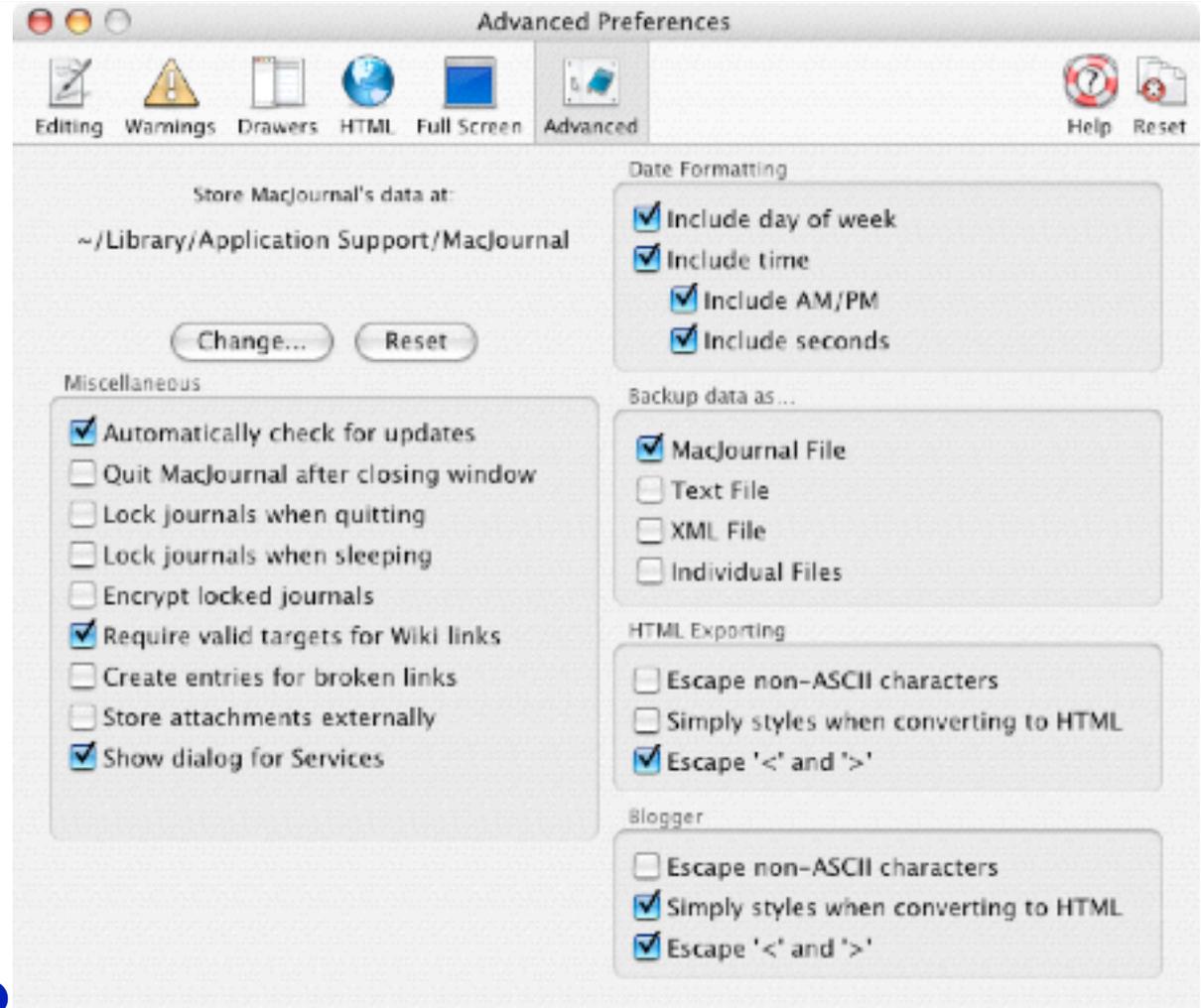
In Miscellaneous you can (cont'd):

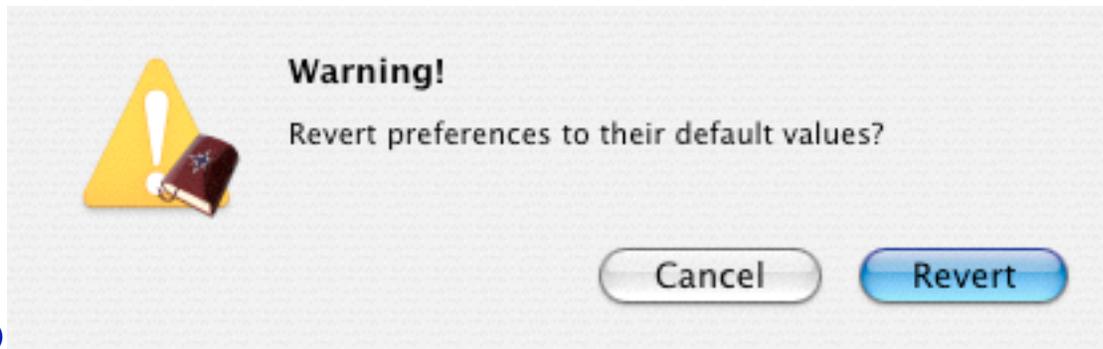
Choose the backup data format:

- MacJournal File
- Text File
- XML File
- Individual Files

Set options for HTML and Blogging export:

- Escape non-ASCII characters
- Simplify styles when converting to HTML
- Escape '<' and '>'





1 Select MacJournal->Preferences or press Command-comma.

The preferences appear.

2 Select Reset.

3 A warning appears.

Note: Clicking Revert will reset your preferences to the defaults. Any changes you made to the preferences will be lost. Your data will not be affected.

T oolbar

...or drag the default set.



The Default Toolbar

- Entries - Goes to the next or previous entry
- Journals - Displays or hides the Journals Drawer
- New - creates a new entry
- Delete - Deletes an entry
- Save - Save the current file to disk
- Fonts - Opens the Mac OS X Font Panel
- Colors - Opens the Mac OS X Color Picker
- Search Entries - Filters the entries in the Journals Drawer based on the search criteria
- Customize - Opens the customize toolbar dialog

